Stanford Lake College
ISSUE 5 OF 2026

Parents Association

Thank you to everyone who joined the Parents Association meeting on 18 February. We truly appreciate the strong turnout, the enthusiasm in the room, and the positive engagement from our parent community.
It was a pleasure to have our new Headmaster, Pierre Jacobs, there to introduce himself and share his early impressions. We also heard valuable insights from Head of academics, Theresa Nel, highlighting the strength of the holistic education our pupils receive.

A few reminders and updates from the PA:

- Parent supporter gear is available on ALLXS and a puffer jacket option is coming soon.
- Work toward putting the final touches on the tuckshop in 2026 is underway. Parents interested in sponsoring outdoor benches or umbrellas, or with experience in ventilation systems, are invited to contact Shirley at : shirley.scriven@icloud.com.
- Our upcoming PA events and activities were outlined - keep an eye out for more details soon!

Thank you for being involved and invested in our school community. Together, we make it stronger.

Dates to diarise:

24 February: Lessons resume
27 Feb - 5 March: Grade 9 Expedition
7 March: Limpopo XCO, Louis Trichardt
6 - 8 March: Senior pre-season winter sports camp
12 & 13 March: School production
13-14 Mach: SLC Open weekend
14 March: Ebenezer Mile
15 March: The Wik Triathlon @ SLC
15-16 May: De La Salle Winter Derby
19 June: SLC Golf Day, Tzaneen
29 August: Badger Bonanza Festival of Fun @SLC

Best Regards
ShirleyS

Shirley Scriven
Chairperson Parents Association

Grand Prize

Two nights in the heart of Kruger Park at world-renowned Thornybush Game Lodge for 2 people. Experience the ultimate in safari luxury.

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50 tickets.
R1 000 per ticket.
1 lucky winner.
Worth every cent.

Runner-up prizes

- Weekend for 11pax at Nklandla Farm, Mocketsi
- Max Vertsappen F1 memorabilia
- Alto Rouge 2021 Magnum
- Paradise Garden Craft gift for R1000
- Drift Ceramic Studio - create your own masterpiece
- Sunday lunch for 2 at The Ranch Resort

Stanford Lake College parents

Tickets available exclusively to SLC parents until COB Wednesday 24 February.
Contact Shirley for more info: 082 653 8895

Stanford Lake College

GOLF DAY

Labor et Integritas

Save the Date

19 June
Friday 2026

2-BALL
Better Ball Stableford

Tzaneen Country Club

SPONSOR
A tee box -R2500
A green - R1500

R4500 per 4 Ball

For bookings and more information:

marketing@slc.co.za

Coaches Corner

Simoné Steenkamp

Afrikaans, Coach

Simone Steenkamp is a dynamic and versatile sportswoman whose passion for sport is reflected in both her breadth of participation and her competitive achievements. With experience spanning individual and team codes, she has consistently demonstrated dedication, resilience and a strong sporting foundation from a young age — earning provincial ringball colours at just nine years old.
Her all-round involvement across athletics, endurance, and team sports highlights not only her athletic ability, but her commitment to growth, teamwork and excellence in every arena she steps into.

Qualifications

- Netball Umpire – Levels 1, 2 and 3 (Passed)
- Netball Umpire Grading: SASN C
- Netball Coaching: Level 1
- Provincial Netball Coach
- Level 0 Hockey Coaching Qualification
- All-Sport Diploma
- World Rugby Awareness certificates:

1. Introduction to Conditioning – Adults – Pre-level 1
2. Introduction to Conditioning – Youth – Pre-level 1
3. Introduction to Conditioning – Children – Pre-level 1
4. Introduction to Perfomance Analysis
5. Coaching Children
6. Coaching Women and girls

- BokSmart

Sporting Achievements

- Provincial Colours – Ringball
- Provincial Colours – Athletics (Hurdles & Relay)
- Provincial Colours – Netball
- Provincial Colours – Hockey
- Senior SA Champion – Heptathlon (2011) at age 15
- Nick King Trophy – Best Hurdler (Prisma Comms Athletic Club)

Career Highlights

- Maties Athletics Team (2016–2017)
- Olympus PSO netball team (Stellenbosch University) (2016–2017)
- Validus Cluster Hockey Team (Stellenbosch University) (2016–2017)
- Validus Cluster Netball Team (Stellenbosch University) (2016–2017)
- Senior Netball Team – NCR Netball Club (Mopani District) (2025)

Simone has actively participated and competed across a wide range of sporting disciplines, showcasing her versatility and competitive spirit:

- Athletics (including hurdles, relay, biathlon and heptathlon)
- Cross Country
- Swimming
- Netball
- Tennis
- Cricket
- Hockey
- Ringball – Provincial colours achieved at age 9

A true all-round sportswoman with a strong foundation across endurance, team and technical sporting codes.

Coaching Philosophy
My coaching philosophy is performance-driven and athlete-centred, focusing on discipline, strong fundamentals, mental resilience and positive team culture.

New Chapters

Our library shelves are looking better than ever with some fantastic new additions for our readers.
"Betting on You" by Lynn Painter — the author of "Better Than the Movies" — is a delightful young adult romantic comedy about two teenagers navigating love, family drama and self-discovery. With witty dialogue, relatable characters and all the feel-good moments, it earns a solid 4.5/5 stars and comes highly recommended.
Also newly added is "Nothing Like the Movies", another title by Lynn Painter. There's already buzz around this one — Inbar has had her eye on it, so you may need to stand in line to get your turn!
Whether you're looking for romance, humour or simply your next great read, there's something waiting for you. Pop into the library and explore the wonderful selection of books on offer.

BADGER OF THE WEEK

Badger of the Week goes to Lehlabille Tswaane for an outstanding performance on the track. Lehlabille broke not one, but two records — Boys U17 400m and 800m — a remarkable achievement that reflects his dedication, determination and hard work.
We are incredibly proud of the commitment and focus he continues to show in his athletics journey. Congratulations, Lehlabille — you've set the bar high!

ATHLETICS UPDATE

RECORDS

Age Group	Event	Athlete	New Record	Meet
Girls U17	400m	Ru Ngwarai	1:17.39	Frikkie Deysel
Boys U17	400m	Lehlabille Tswaane	54.62	Prestige
Boys U17	800m	Lehlabille Tswaane	2:10.91	Prestige
Boys U17	1500m	Robert Noel	4:46.79	Frikkie Deysel
Boys U14	1500m	Thuto Hlungwane	5:11.87	Frikkie Deysel
Boys U19	110H	Rendani Murulana	15.80	Frikkie Deysel

The 2026 athletics season was defined by growth, depth and high-level performance, with Stanford Lake College building momentum from Interhouse through to the Prestige Meet.

Interhouse (27 January) revealed exciting junior talent and strong senior leadership, setting the tone for the season. At the Independent Schools Meet (30 January), Stanford delivered a dominant performance, scoring 622 points and winning the title for the 12th consecutive year. Zwivhuya Raulinga was named Senior Victor Ludorum, and the relay teams impressed with flawless execution and no DNFs.

At the Frikkie Deysel Meeting (6 February), athletes continued to improve, recording numerous Personal Bests and consistent podium finishes. Standout performers included Andani Rembuluwani, Lehlabille Tswaane, Mika Jones, Robbie Noel and Olivia Turner.

The Prestige Meet (13 February) in Louis Trichardt marked another highlight. Tiger Peniston broke two meet records in the U15 Shot Put and Discus, while senior athletes delivered strong podium performances across sprint and middle-distance events.

Five long-standing school records fell during the season, including new benchmarks set by Lehlabille Tswaane (400m, 800m), Robert Noel (1500m), Ru Ngwarai (U17 400m) and Thuto Hlungwane (U14 1500m).

Overall, the 2026 season reflected a balanced, competitive and unified athletics programme — with juniors stepping up, seniors leading strongly, and Stanford athletes excelling across all disciplines.

Season Medals Summary

- Total Gold Medals: 34
- Total Silver Medals: 41
- Total Bronze Medals: 30
- Total Podium Finishes: 105 medals

Stanford Lake College Weekly Notice

23 Feb - 01 March

Date	Activity	Time	Venue	Staff
Monday 23 February	Half Term			
Tuesday 24 February	Day 2			
	Jazz 2	14:30 - 15:30	RMJ	RMJ
	Senior Boys Rugby (U/17 -U/19)	14:35 - 16:55	Top Field	PJB, SJW
	Senior Girls Netball	14:35 - 16:55	Netball Courts	TP,SS,MCM
	Junior Boys Hockey (U/14 - U/16)	14:35 - 16:55	Astro	XJH,SF,IC
	Junior Girls Hockey (U/14 - U/16)	14:35 - 16:55	Astro	TM,JG,CN,AG
	Senior MTB / Adventure	14:35 - 16:55	Adventure	BA,NFH
	Swimming	15:30 - 16:50	HPC	KO
	Batcher Men	18:00 - 19:00	Astro	
	Gr 11 PS Lesson	14:30 - 15:30	PS Lab	LBM, GVS
	Gr 11 Math's	14:30 - 15:15	NNM Class	NNM
Wednesday 25 February	Day 3			
	Information Presentation Hoedspruit	17:00 - 19:00	The Art House	CFR,SF,PRJ
	Jazz 1	14:00 - 14:45	RMJ	RMJ
	Jazz 2	14:45 - 15:30	RMJ	RMJ
	Senior Boys Hockey	14:00 - 16:50	Astro	TM
	Junior Boys Rugby (U14 -U16)	14:00 - 16:50	Top Field	JJN,NFH
	Junior Netball (U14 -U16)	14:00 - 16:50	Netball Courts	TP,SS,MCM,LBM
	Senior Girls Hockey	14:00 - 16:50	Astro	KH
	Junior MTB / Adventure	14:00 -16:50	Adventure	BA
	Swimming	15:30 - 16:50	HPC	KO
	Batcher Women	17:00 -18:00		
	Gr 12 PS Lesson	14:00 - 15:00	PS Lab	LBM, GVS
	Gr 10 Math's	14:00 - 14:45	NNM Class	NNM
	Gr 9 Math's	14:00 - 14:45	JG Class	JG
	Gr 11 FSE	13:50 - 14:45	JET Class	JET
	Gr 10 LS Practical	14:00 - 16:00	KSH / NCN Lab	NCN,KSH

Stanford Lake College Weekly Notice

23 Feb - 01 March

Thursday 26 February	Day 4				
	Jazz 2	15:00 - 16:30	RMJ	RMJ	
	Senior Boys Rugby	14:40 - 16:50	Top Field	PJB, SJW	
	Junior Boys Hockey	14:40 - 16:50	Astro	XJH,SF,IC	
	Senior Girls Netball	14:40 - 16:50	Netball Courts	TP,SS,MCM,LBM	
	Junior Girls Hockey	14:40 - 16:50	Astro	TP,JG,CN,AG	
	Junior MTB / Adventure	14:40 - 16:50	Adventure	BA,NFH	
	Swimming	15:30 - 16:50	HPC	KO	
	PS Lesson	Per Arrangement	PS Lab	GVS	
Friday 27 February	Day 5				
	Dance Blocking	14:00	DAD	RMJ	
	Choir		IJV	RENE	
	Choir Blocking	15:30	DAD	RMJ / RENE	
	Run all Music	17:00	DAD	RMJ / RENE	
	Supper	17:30	Dinning hall		
Saturday 28 February	Act 1 - All	08:30	DAD	RMJ,SS,RENE	
	Break	10:00			
	Act 1 -All	10:30	DAD	RMJ,SS,RENE	
	Lunch	12:30			
	Act 2 - All	13:30	DAD	RMJ,SS,RENE	
	Break	15:00			
	Act 2 - All	15:30	DAD	RMJ,SS,RENE	
	End of Day	17:00			
	Supper	17:30	Dinning hall		
Sunday 01 March	Finale	08:00	DAD	RMJ,RENE	
	Song and Dance Check	09:00	DAD	RMJ,RENE	
	Brunch	10:00	Dining Hall		
	Run Show	10:30	DAD	RMJ,SS,RENE	
	End	12:00			

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