

SNAP SHOT

Stanford Lake College

ISSUE 25 of 2021- 13 August



Matters of Principal

Last week I received a WhatsApp from an ex-pupil I taught during my time at Michaelhouse. He went on to study at Rhodes University. Whilst I was teaching in Grahamstown I was fortunate enough to bump into him a few times. An amazing young man whom I see myself as fortunate to have crossed paths with. The essence of his WhatsApp message was that he was driving past on his way to see his Grandparents and was keen to pop in for a catch up. Unfortunately, we were out and were unable to meet but have made a plan to catch up next time he is in the area. His Grandfather is Dr Reuel Khoza well known South African businessman and author of one of my favourite books on leadership: ATTUNED LEADERSHIP African Humanism as Compass.

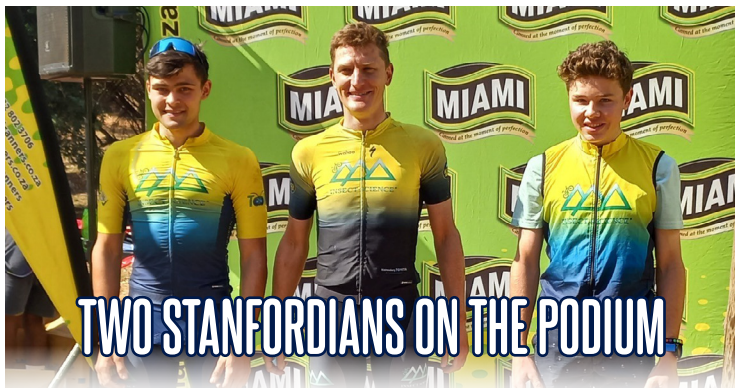
In his acknowledgements at the beginning of the book, Dr Khoza speaks of his journey to find an appropriate organisational and leadership model for modern South Africa; it was this that lead him to a renewed understanding of the role of Ubuntu in leadership. In his view Ubuntu needs to be seen as Africa's compass for governance and much of his subsequent work has centred on bringing African Humanism to

the attention of the world. He speaks of the words of Steve Biko who suggested that in the long run, the special contribution to the world by Africa will be in the field of human relationships. Biko believed that Africa would give the world a more human face. He urges us to focus on our ability to grow our understanding of one another and to collaborate in order to foster positive change. Khoza says that Ubuntu is generally regarded as the foundation of sound human relations in African society.

There is so much to be learnt from the reading and researching of African leadership but none more so than about the importance of Ubuntu. As a school we have identified this as one of our core values, I encourage us all to internalise this value and to live it to the best of our abilities. In the times that we are currently living in it is highly apparent that we need each other. We are social beings and functional relationships are key to our happiness and wellness.

“Umuntu ngumuntu ngabantu”
- “A person is a person through other persons”

“Rintiho rinse a ri nusi hove”
- “One finger cannot pick up a grain.”



TWO STANFORDIANS ON THE PODIUM

Two Stanfordinians competed in the Akkedis MTB Challenge this weekend. Herman Fourie and Gunther Katzke joined their Insect Science teammate, Alan Gordon, on the trail.

Herman wrote the following account of the race:

The race started at 07:30 and it was quite warm from the start of the race. The start was slow with quite a few people keeping up, until Alan started increasing the pace up the first climb until it was only me, Alan and Gunther. About six kilometres into the race we made it to the Skilpad Climb where Gunther slowly fell behind. Here I had to make a choice - to try and stick with Alan or with Gunther, knowing that Alan is a very strong rider and that I will likely burn out.

From then on, it was me and Alan, with Gunther chasing us up probably the hardest climb I've ever done, reaching gradients at the steepest sections of over 20%! I was able to stay with Alan until about half way up the climb, then I was left behind. At this stage, it was Alan in the lead, me chasing Alan and Gunther chasing me. Each one of us knew we could not take a moment's rest because the person behind would make up that time.

On the very hilly route there were also some amazing descents and we reached speeds just short of 100km/h (98.2)! At the 30km mark there was an opportunity to see far ahead, where I timed myself about 2 minutes behind Alan and 2 minutes ahead of Gunther. We were nearly half way and knowing the last 15kms would be one long descent, brought comfort to the mind a bit and we were able put out bigger efforts than usual.

At 55kms in, my legs were cramping! I could see Gunther behind me and we were going up a climb, the very same gruelling climb we went up this morning. I looked at Gunther and he looked at me, both exhausted. Then we saw Alan coming from the front, shouting at us that we are on the wrong route and we have to turn around. For the first time ever, I was relieved to be on the wrong route! I did not see where I would get the power to go up that same brutal climb.

We raced halfway down the hill and back up for a bit to find the correct turn off. The three of us were together now, pushing as hard as we can, joking about the possibility of an Insect Science sprint finish. We could see the end, travelling over 50km/h down a single-track, passing the supporters and 35km riders.

Alan swerved for a rock and it was just too quick for me to react directly behind him! I went over my handlebars. Gunther, behind me, went over me and we both ended up on the ground, with less than a kilometre left to finish. The fourth rider was in sight so we jumped up just to realise that I only had half a handlebar attached to my bike and Gunther with a broken Wahoo. Unable to sprint, we all finished close together on the 60km loop (or in Alan's case 65km and for us, 63km - haha!). We experienced a brutal 1850m of elevation gain.

I think every rider appreciated the effort of the organisers for putting up a race in such a short period of time and giving us the opportunity to be able to race.

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Congratulations

To the following five teams who have been selected to take part in the National Trittech Competition in October. This after they exhibited some of the best scientific methods and skills in the Trittech Regional Round that took place last week.

BEAUTY WITH BRAINS

Isabella Dando
Nsovo Mabila
Jana Prinsloo
Krisha Kanyongolo

SCIENCE GENIUSES

Wihan van Eeden
Steven Thompson
Krish Pandya
Nicholas Boyum

OTIS

Shriya Patel
Thato Moleya
Relotilwe Sekhula
Mokgale Mamabolo



OESTROGEN OVERLOAD

Nanaki Kgopong
Isabella Alcock
Chelsy Mathebula
Makungu Shiwundlana
Omphile Masuluke
Safiyiyah Modan

TECHNETIUM

Yash Kalan
Willem Vos
Ryno Schultz
Connor Veldsman
Finn Straughan
Sophia Leher



NEW PARTNERSHIP FOR RUBEN

Ruben le Roux and his new horse, 7-year-old Capital Clooney, participated at the Adult Championships that was held at Stokkiesdraai Equestrian Centre in Brits recently. Since their partnership is only two months old, they participated in three show jumping classes at a height of 1.10m. Ruben and his other horse, Quinta, are used to participating at 1.20m and 1.30m, but with a new equine partner, Ruben and Capital Clooney are starting low.

On Wednesday, Ruben and Clooney had a beautiful clear round in a Speed Class. On Friday, a little miscommunication resulted in them having four penalties, although they jumped effectively in the 2-Phase Speed Class. The show ended well for them on Sunday, with a beautiful round in the Competition Class - although they had another four penalties. The classes were huge, and Ruben's patience, drive and courage were admirable. All in all, Ruben and Clooney had a successful first show as a new partnership. No podium finish yet, but watch this space....

Their next show will be the SANESA schools' league third qualify show from 20 - 22 August in Vivo.

STAFF PROFILES



Mr Bernard Pretorius

1 What subjects do you teach? **Accounting, Business Studies, Economics and Management Sciences.**

2 What year did you start working at the school? **2016.**

3 What type of music are you in to? **Anything I can "Sokkie" to.**

4 Tell us something we don't know about you... **I participated in various cultural activities during my school career.**

5 What's your favourite thing to do in downtime? **To play golf or go hunting.**

6 Name one thing on your bucket list... **To hunt a Buffalo with a bow.**

7 Does pineapple belong on pizza? **Yes, 100%.**

8 Tea  OR **Coffee?** 

9 iOS OR **Android?**

10 **Melkart** OR **Malva Pudding?** **Malva Pudding in winter, Melkart in summer.**

11 Cups in the cupboard: Right side up  OR **upside down?** 

12 Beach  OR Mountains?  **Bosveld!**

13 **Dogs**  OR **Cats?**  **Both.**



HANDS



FACE

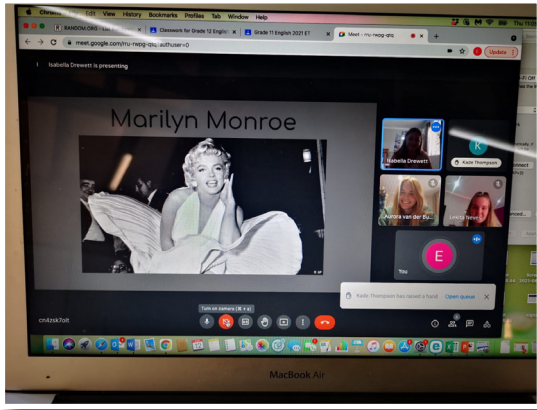


SPACE

STAY ALERT
CONTROL THE VIRUS
SAVE LIVES

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"WE DIDN'T START THE FIRE"

The Grade 11s have been busy presenting prepared speeches to their English teachers via Zoom this week. Their task for this term was to research any one of the events mentioned in Billy Joel's song "We Didn't Start the Fire".

The brief was to prepare an informative speech presuming their peers knew nothing about the event that they had chosen. The speeches were to last between two and a half and three minutes and their peers were given an opportunity to ask questions afterwards.

Click [HERE](#) for the full blog post and links to the videos.

PLEASE TAKE NOTE



The inter-house swimming that was scheduled for 26th August has been moved to 2nd September in order to give the pupils more time to get in the pool.



Elevate Education are continuing their free webinar series for parents across August & September. Topics are: technology; stress management; and note taking. The first webinar is next Thursday 19th August at 6pm. Parents can register for free [HERE](#)

They also offer a free website for pupils with video tips, as well as exam papers for every subject. Click [HERE](#) (password: **springbok**)



The D6 Connect is an app created to keep parents, guardians, pupils and staff updated of any important information regarding the school such as important notices, events, updated calendar etc

As a school, we make use of a number of third party applications in order to streamline day-to-day communications and processes.

All parents and guardians are encouraged to familiarise themselves with these apps and platforms in order to stay connected with the school.

Click here for more in-depth information on the apps.

Click each icon for a full user guide!



This is an app to assist Boarding staff with the care of students at the College. The app covers signing out, registers and pastoral matters electronically.



The ALLXS platform is used at Stanford Lake College for parents and pupils to purchase all items not covered in the school fee amount, such as school trips, sports tours, weekend boarding costs, bus tickets, uniform and merchandise items.



ADAM is a safe and secure platform that assists in the management of pupil and family profiles, information and administration, as well as pupil academics and reporting

WEAR YOUR TEKKIES ON NATIONAL TEKKIE TAX DAY

Friday
27 August 2021



- ♥ ANIMALS
- ♥ BRING HOPE
- ♥ CHILDREN
- ♥ DISABILITY
- ♥ EDUCATION



Join us for a Civvies Day / Tekkie Tax Day on Friday 27th August. Please buy tickets via ALLXS and stickers can then be collected from Housmasters on the day. This is for a good cause, so all pupils are encouraged to donate - even those who will be on Trek.