



SNAPSHOT

ISSUE 04 of 2023
03 February



Matters of Principal

“Keeping your body healthy is an expression of gratitude to the whole cosmos - the trees, the clouds, everything.”

“The best six doctors anywhere – and no one can deny it – are sunshine, water, rest, air, exercise and diet.”

“The body heals with play, the mind heals with laughter and the spirit heals with joy.”

- Thich Nhat Hanh

An important offering at Stanford is our Clubs and Societies programme. We see it as a wonderful opportunity for our pupils to expand their interests, learn new skills and interact with a different group of pupils. While many of the clubs and societies on offer are aimed at creating opportunities for recreation, a number of the clubs also expose our pupils to problem solving, teamwork and the acquisition of important life skills. The Robotics Club, for instance, is working through an externally facilitated syllabus that introduces basic coding and programming skills, along with important design and technology concepts. Debating and the Speakers' Societies offer pupils the opportunity to develop their oratory skills along with working on research and speechcraft. The Round Square Society is working towards ensuring that our Round Square commitments and activities remain at the heart of all that we do; while Read with Me offers our pupils an opportunity to be involved in community engagement. Our pupils travel to Glenshiel School and interact with the junior pupils through reading. The Movie Club, Board Games and the new Meet, Chat, Pray Society offer opportunities for relaxation and discussion and spiritual engagement. There is something for the outdoor and adventure enthusiasts through the Fly-tying

and Adventure societies. For those with the environment at heart, the Environmental Society is working on introducing a comprehensive recycling and waste management programme across the campus. Choir, Ballet and Dance and Djembes are further cultural opportunities made available to pupils. Added to the skills learned within the societies, we are fostering the need for commitment and sound organisational skills. Our clubs and societies are an example of the value add of our school. So much is out there for our pupils... so many opportunities for them to grow and learn. This is an offering of education beyond the curriculum. Antone Chekhov, the Russian playwright said: “Wisdom.... comes not from age, but from education and learning.” May that hold true for the pupils in our care.

Have a wonderful weekend.

God Bless,



A number of Stanford pupils were given awards at a special assembly held on Monday. Congratulations to Rajveer Gohil (Grade 12) and Nanaki Kgopong (Grade 11) who were awarded Academic Honours based on their 2022 marks.

A number of pupils also received President's Awards Certificates. Congratulations to Nsuku Shingwenyana who was awarded Silver. A further thirteen pupils were presented with a Bronze award; Isabella Alcock, Rachel Netshikulwe, Mieke van Wyngaardt, Christoff van der Westhuizen, Pippa Wood, Jana Prinsloo, Elziné Kotzé, Ruben Venter, Abigail Fair, Isabella Dando, Keanya Randall and Morné Lindeque.



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Last Friday the entire school travelled to Polokwane to defend their title as Independent Schools' Athletics Champs. It has been some time since the whole school went to this event and the spirit and support from the stands, led by the Spirit Committee, was incredible. Our athletes had to work exceptionally hard against some good competition from PEPPS and Curro Heuvelkruijn in particular. Zayd Moosa broke the U/17 Boys shot-put record, and Isabella Brett set a new girls U/15 Discus record. Nanaki Kgopong put together an amazing performance on the day, scoring more points than any other athlete, earning her the trophy of Senior Victrix Ludorum.

Despite these great individual performances, it was a real team effort, especially in the relays where SLC scored 86 points ahead of Curro's 80 points. In the end, we won the event for the 9th year in a row (and 15th year in total) scoring 733 total points. Well done Stanfordinians – pupils and coaches.





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STEM PUPILS TAKE FLIGHT

During the Clubs & Societies session this week, the STEM Club were looking at Expo projects. They spent time deciding on projects and weighing up options. One of our pupils, Ngoako Machaba, is interested in aeronautics and aerodynamics so the group decided to research, design and build three paper planes and flew them on the matric lawn in an attempt to see which design is more practical and flies furthest. The STEM Club hope that this exercise will build on Ngoako's research and help him with his project.

Congratulations to Dario Wasley who took part in the Southern Sprint Swimming Competition in Mokopane last weekend. Dario won two golds in the 50m Breast Stroke and 100m Breast Stroke. He received bronze in the 50m Freestyle.



Entries are open

THE PPS LIMPOPO XCO #2
@Stanford Lake College
25 February 2023

Enter at: rorevents.co.za

Nippers & Sprogs: R100
All other ages: R200
+ CSA Day Licence (non-members) R50

New race categories:

- 30+ and 50+ categories on short track with more laps
- E-bike category

Stanford Lake College
OPEN WEEKEND

10 - 11 MARCH 2023

FOR GRADE 6 & 7

DISCOVER STANFORD LAKE COLLEGE

ADVENTURE CHALLENGE

HIKE UNDER THE STARS

PRIZES UP FOR GRABS

BOOKING ESSENTIAL | RSVP by 01 MARCH 2023 to: admissions@slc.co.za

Independent, co-educational boarding school
Growing an adventurous spirit in all that we do
Following the Independent Examination Board (IEB) and Further Studies Programmes

Member of the international Round Square Organisation
Producing future-smart leaders of tomorrow
Values-based holistic education, guided by the College's seven moral principles

www.slc.co.za

d6 connect | *Stay Connected*

We are aware that many parents have been struggling with the D6 Connect app. It seems like the platform itself has had issues but hopefully, all is now resolved. Here are some pointers if you are still battling:

- 1) Make sure you have downloaded D6 CONNECT and not D6 COMMUNICATOR
- 2) Please click on the gear icon in the top right corner and opt to sign out of the app and then try signing back in, should this not resolve the issue, please try the below
- 3) Open your phone's Settings -> Apps -> Schools -> Storage, then press the "Clear Data" and "Clear Cache" button. Please try opening the app again after this is done.
- 4) Send an email to appsupport@d6.co.za

As the Open Weekend falls on the same weekend as The Wik Triathlon, we suggest parents make accommodation bookings as soon as possible via [Travelground](http://Travelground.com), Bookings.com and www.limpopobookings.com
It's going to be a busy weekend on "the mountain"

MEET THE CLASS OF 2023

HEAD OF SERALA - SERENA RIX

1 What are your hopes for Stanford Lake College as you help to lead the school this year?

I hope to help inspire Stanford pupils to challenge themselves, to grow outside of their comfort zone and to make 2023 an unforgettable year.

2 What is your proudest accomplishment at Stanford Lake College?

Being elected as Head of Serala Girls Boarding House.

3 Share a memorable moment during your time at Stanford Lake College...

2018 - Playing hide and seek with the whole hostel in complete darkness.

4 If you could share a meal with any 4 individuals, living or dead, who would they be?

Michael Schumacher, Bob Marley, Louis Armstrong, and Frank Sinatra.

5 If you had to describe yourself as an animal, which one would it be?

A rhino as they are protective, gentle, curious and strong.

6 Where do you see yourself in five years?

Travelling the world.

HEAD OF FOUNDERS NORTH - LUNGILE SITHOLE-WILTSHIRE

1 What are your hopes for Stanford Lake College as you help to lead the school this year?

I hope to be able to help represent everyone fairly.

2 What is your proudest accomplishment at Stanford Lake College?

To be chosen as a school representative to go to the 2022 Round Square International Conference in the UK.

3 Share a memorable moment during your time at Stanford Lake College...

Joining Round Square and doing the 2022 UK International Round Square Conference.

4 If you could share a meal with any 4 individuals, living or dead, who would they be?

Sadio Mané, Mohammed Salah, Ayato Kimura and Sam Pilgrim.

5 If you had to describe yourself as an animal, which one would it be?

Wild Dog, because of their behavioural patterns and being one of the few animals that show Ubuntu.

6 Where do you see yourself in five years?

Travelling regularly to East Africa and doing Social Work.

