



"Every girl and every woman, has the potential to make this world a better place, and that potential lies in the act of thinking higher thoughts and feeling deeper things. When women and girls, everywhere, begin to see themselves as more than inanimate objects; but as beautiful beings capable of deep feelings and high thoughts, this has the capacity to create change all around. The kind of change that is for the better" - C. JoyBell C.

This piece was shared on a Head's group on Wednesday. It sums up what I spoke to our pupils about at assembly on Monday: a call to all to RESPECT, VALUE and LOVE our women.

In South Africa, Women's Day is celebrated on August 9th each year. It is a significant public holiday that commemorates the historic 1956 Women's March to the Union Buildings in Pretoria, which played a pivotal role in the struggle against apartheid and for women's rights.

This was a massive demonstration, where approximately 20,000 women from various racial and ethnic backgrounds marched to the Union Buildings in Pretoria. They protested against the discriminatory pass laws that restricted the movement of black people in the country. The march demonstrated the unity and strength of women from different racial and cultural backgrounds coming together to fight against the oppressive apartheid regime. The women presented a petition to the then-Prime Minister J.G. Strijdom, demanding the abolition of the pass laws. The march was a turning point in the struggle against apartheid and a defining moment in the history of women's rights in South Africa. It showcased the power of women's activism and marked a significant step forward in the fight for equality. Women's Day serves as a reminder of the courage, resilience, and determination of the women who participated in the 1956 march. It continues to inspire generations of South Africans to stand up against injustice and advocate for gender equality and human rights. It also provides an opportunity for individuals and organisations to raise awareness about issues affecting women in South Africa and to advocate for women's rights, empowerment and gender parity.

As a country and as a school, we use Women's Day as a moment to reflect on the strides made in advancing women's rights and to identify areas that still require attention and improvement.

It is a time to remember the bravery and determination of women in the struggle for freedom and human rights and to renew the commitment to achieving full gender equality in the country; it is a time to recognise and celebrate the invaluable contributions of women to South African society.





The U/14 Boys also played in the Noordvaal tournament. Their opening game against Potch Boys ended in a goalless draw. However, they encountered a setback with a narrow 0 - 1 loss to Krugersdorp High School. Despite their efforts, the team faced disappointment in the playoffs, losing 2 - 3 to Hoërskool Helpmekaar in a shootout after a 1 - 1 draw during regular time. The campaign concluded with another unfortunate loss, as they were defeated 0 - 2 by Volkskool Potch in their last game. The boys showcased resilience and determination throughout the tournament, despite the challenging outcomes.

The 1st Team Hockey Boys displayed an impressive performance, securing a remarkable 2nd place finish during the recent Noordvaal Tournament. Their journey was marked by outstanding victories, starting with a dominant 5 - 0 win against Shelly Park, where Kian Noné's exceptional play earned him the title of man of the match. The team's momentum continued as Matt Allison secured two consecutive man of the match awards, guiding the boys to a triumphant 2 - 0 victory against Hoërskool Montana and 4 – 2 against DF

Malan. In a thrilling semi-final clash against Hoërskool Transvalia, the team triumphed with a 5 - 3 shootout win during 8 seconds, with Dylan Turner earning man of the match honours. Despite their extraordinary efforts, the boys fell short in the finals against HTS Witbank, with a final score of 1 - 3. Marc Day's exceptional performance earned him the man of the match recognition. This amazing run capped off their 2023 season on a high note, showcasing the team's determination and skill.





## NEWS FROM THE STAFF ROOM

### WARM WELCOMES



Ms Elna van Aarde HOD CAT & IT

I worked as a programmer for many years, but always longed to be in a work environment where the focus is people. Because of my love for children, being a teacher has been a dream of mine. A few years ago, I made a career change and have never looked back. Growing up in the city (Pretoria), my heart always pulled to the countryside. When the possibility came up to teach at Stanford Lake College, I had to explore the opportunity. I love hiking and what a beautiful environment to live in where I can be in nature as I walk out my front door! I consider it an honour to live and teach at Stanford Lake College. I recently adopted two Jack Russels and love spending time with them and taking them on hikes. I like to crochet, read and spend time connecting with friends.



Mr Nic Païdas CAT Teacher

I have spent the last 14 years in Johannesburg working at Heronbridge College as a CAT and Geography teacher, taking every opportunity to get out into the mountains and rivers of Africa with and without pupils in toe. I am also a passionate photographer and video editor. My free time is spent with my wife and young kids! BUT I also find time for a bit of off-road motor biking, white water kayaking and mountain unicycling.





Mr Mabayah has coached teams that have played in five hockey semi-finals in seven weeks and two of those teams won their semifinals and played in the final. Below is a list of the achievements.

WELL DONE, COACH

• Stanford's 1st Team Boys vs PHS lost 0 - 2, beat Louis Trichardt for third place in the Limpopo League.

- Limpopo U/18 Girls vs Western Province B, lost 2 3 and then lost 1 2 vs Northern Gauteng and finished fourth in the B-section.
- $\bullet$  Limpopo Senior Women SACD vs Western Province, won 3 2 and then won the Final 2 0 vs Eden.
- Coached and played for the Limpopo Men's side at SACD vs Eden and lost 0 - 7. They lost 3 - 5 to KZN Inland and finished fourth.
- Stanford's 1st Team Boys vs Hoërskool Transvalia won 5 3 during 8 seconds, unfortunately, they lost in the final against HTS Witbank 1 - 3 and finished second in the Noordvaal B-section.

This is an immense achievement for a coach and we want to thank him for his hard work and determination.



Ms Corné Perkins Junior Art Teacher

Having been present at SLC's opening in 1998 (in a different millennium!) it has been such a pleasure to be able to rejoin this vibrant community to assist with Grades 8 and 9 Arts and Culture and the French Club. I still recognise the same warm and caring ethos within a well-oiled teaching environment, and it is a privilege being a part of that.

### WELCOME, BABY OLIVIA



Congratulations to our HR Manager, Mrs van Emmenis, and her partner Manie who welcomed their daughter, Olivia Eavan van Emmenis, into the world on the 8th of June. Olivia was born weighing 3.4kg.



## <u>NEWS IN BRIEF</u>



#### Congratulations to Megan Lamminga who was awarded a Double Gold certificate for obtaining 85% for her piano solo at the Art Festivus this week.



**TENNIS** 

Please note that a revised version of the School's Awards Policy is now on the school's website under Resources for Parents > Policies.

On Tuesday, the 1st Tennis Team took part in their first league matches against University of Limpopo. It was fantastic to see so many young tennis players earn their first stripes, as many senior players were not available. It was a tough day against some good tennis players, but we are very proud of our young team. A special mention to the Göbel twins (Grade 8) who won their doubles match!





On Tuesday, our Service Committee visited Appel School where we provided each female pupil with a menstrual moon cup. It is well documented that girls who cannot afford or lack access to sanitary products end up missing school during their period. In order to try and encourage uninterrupted education, we had a goal in mind of raising R8000 in order to supply a reusable moon cup to all the girls at Appel. Despite not quite making target, we went ahead with the project anyway. In addition, the girls were given a talk about feminine hygiene, menstruation and how to use different feminine hygiene products. This talk was presented by Stanford alumnus, Makoma Maponya, who runs Teach a Girl Foundation as well as a facilitator from The Mina Foundation.



This was the first time since 2019 that we hosted the event and we were unsure of what the outcome would be. With that said, we were blessed with 226 participants on the second day of the event and wonderful weather! We had 43 entries for the full twoday stage race of 65km (40km and 25km). All the participants raved about the routes and the area and said they will definitely be back next year. The photos of the event are a true testament that this is a family event – like we planned it in 2014 when the event started. Well done to all the participants that competed and finished the event. A special mention to athlete, Remaketse Lekaka, who completed the two-day stage race (a total of 65km) in a combined time of 5 hours and 39 minutes across the two days - an absolutely exceptional performance.

Thank you to all the staff that helped out pre, during and after the event. Your contributions helped to make it the success that it was. A special thank you to Mr Fullard for all his efforts during this event and in some nasty weather – rain, wind and 7°C at some stages. All in a day's work!







Inspired by some of the hit songs of Irene Cara, this musical was a modern take on those who seek fame and fortune as performers. A total of 55 pupils were involved and all credit to them for learning songs, lines and dances (whenever we could find some time) over many months, sustaining their enthusiasm and efforts.

After postponing the show due to a hectic second term full of sports fixtures, we finally found two weeks at the start of Term 3 to pull it all together. Again, the cast showed tenacity and commitment as we rehearsed for long hours over weekends and in freezing cold weather. The result was beyond our expectations. We watched amazing talent being discovered, we saw growth in confidence and we witnessed the development of real skill. The pupils took ownership of the play and made it their own, with each of them learning to sustain a character and improvise when things went wrong.

Most of all, despite the hard work, we had fun. At the end of it all, there were tears shed and many memories shared.

Our sincere thanks to the staff, parents and pupils who supported the cast and acknowledged their achievement.

- Mrs Redfern, Mr Vollgraff, Mr Swann and Mrs Johnson

















## SOCCER VS MITCHELL HOUSE

The Stanford soccer teams travelled to Mitchell House on Monday to play league matches. The conditions were tough at it was very hot and humid in Polokwane.

### U/15B BOYS

The U/15B boys played very well in the first half and managed to score three goals, through Tshepiso Molepo's brace and Musa Zwane's volley. Due to the tough conditions and Mitchell House dominating, it did not take long for the score to be three all. At this point the boys were getting frustrated and making a lot of errors. In the second half, the boys struggled to manage the game and conceded two more goals. The match ended 5 - 3 to Mitchell House.

### U/15A BOYS

The U/15A boys started very slowly, letting Mitchell House have ball possession. A few errors at the back led to the boys conceding three goals early in the first half. In the second half, the boys were more focused and wanted to make an impact. They played good football and managed to break the deadlock through a stunner by Ethan Hirst. The boys continued playing well but, unfortunately, could not catch up. The match ended 3 - 1 to Mitchell House.

### U/15 GIRLS

The U/15 girls hit the ground running as they were still motivated and full of energy after their 6 - 0 win against PEPPS last week. The girls played with determination and created many opportunities. The teams went in to half-time without breaking the deadlock. In the second half, the girls found the match frustrating as they lost possession more often. An error at the back led to Mitchell house finding the back of the net. The match ended 1 - 0 to Mitchell House.

### 1<sup>st</sup> TEAM BOYS

After the disappointing draw against PEPPS, the 1st Team Boys were looking to bounce back and redeem themselves. This was no easy task as some senior players were missing. The boys started the match very well, advancing up and playing a lot of balls into the final third. In the first half, they created many chances but struggled to convert. Just before the break, the boys won a free kick outside the box. Mokgale Mamabolo stepped up to the challenge and score a beautiful goal. In the second half, they managed the game very well, still managing to create chances. The match ended 1-0 to Stanford.

Thank you to the coaches and staff for giving up their time to accompany our teams.