

# SNAPSHOT

Stanford Lake College  
ISSUE 27 of 2022 - 26 August



## Matters of Principal

The past week has been extremely busy. I have had the privilege of watching our pupils in action in several aspects of school life: academics, sport and culture. The matric class had their last lessons of the term on Tuesday and many of them wrote their first trials examination today. We hosted our annual Interhouse gala on Tuesday and were treated to some amazing swimming with no less than eight school records being broken. We don't get to see our top swimmers in action very often so it was fantastic watching Jenny Zhang break four records and Pearson Mumba break two. Our tennis teams excelled and our football club went unbeaten in our fixtures against Mitchell House. A highlight for me was our participation in the Merensky MDDK Eisteddfod. This is a first for us in my time here and our cultural department did us proud. We had pupils performing on all four days of the festival (Drama, Art, Instrumental, Singing and Dancing). To a person, they dazzled the judges. There will be a full report in next week's Snapshot following the conclusion of the event today. The above is evidence of an incredibly busy school. The majority of our children are busy and committed.

This morning I took a slow walk to school. I then realised I had locked my keys in my office and so had to wait a while for Mrs Banks to arrive. Sitting in the little garden opposite reception, I had some quiet time to reflect. The setting was stunning, as the sun

**“Look around and do not miss the beauty God gives us daily”**

snuck over the horizon and the early light caught the mist rising off the lake, I had a sense we were in for a beautiful day. As I sat in quiet contemplation, a scarlet-chested sunbird landed on one of the aloes and sat looking at me. An insignificant moment... yet one of beauty and tranquility that reminded me once again of the wonders of our natural world and the need to take time to stop, think, breath and appreciate.

In the words of Meister Eckhart: “What we plant in the soil of contemplation, we shall reap in the harvest of action.”

God Bless, 



## MAGOEBA TREKKERS TAKE THE PODIUM

On the weekend of 19 to 21 August 2022, the Magoeba Trek Mountain Bike Race took place. The Magoeba, a three-day stage race, consists of two main events; “The Trail” with roughly 40km of cycling per day, and “The Race” with approximately 80km per day. The main competition took place in teams of two riders, but there was also a solo rider category.

The event kicked off on Friday morning from the newly developed Magoebaskloof Sports Village, which was used as the base for the event and the start and finish point for each day. It was an amazing three days of racing in the beautiful Magoebaskloof and Wolkberg areas, with loads of climbing, fast descents, natural forests, plantations, single tracks, a new floating water bridge and of course, the long race crossing the Iron Crown, the highest point in Limpopo.

There were many participants from the Stanford Lake College community, including parents, alumni, staff and our pupils. We salute and congratulate all of them for taking on this challenging event. Stanford Lake College pulled out some spectacular results in The Trail event (+/-40km per day). Isabella Dando finished third overall among the Women's teams with her teammate Sophia van Wyk. Tristan Brett and Ruben Venter finished third overall among the Men's teams and Gordon Noel took the overall win with his teammate Samuel McIntosh. Kian Noné crossed the finish line in fifth position overall but was the winner of the Solo Men's category. An honourable mention also goes out to Herman Fourie (Class of 2021),

who is riding professionally for Insect Science. He and his teammate CP van Wyk managed third place overall in The Race (+/-80km per day) event. Huge congratulations to all the Stanfords, we are super proud of you.



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## CLASH OF THE COLOURS

This Tuesday, Stanford held its Inter-house Gala. As we saw with other Inter-house events this year, the pupils really supported the event and the energy in the HPC was fantastic. Well done to the House Captains for getting their teams out and supporting the gala, and thank you to the parents who came to support the swimmers as well. There were a number of standout performances during the afternoon. The Loomis U/19 Boys broke the relay record, Isabella Drewett broke the girls U/19 Freestyle record, and Pearson Mumba broke both the 50m Freestyle and Butterfly records for Boys U/16. Jenny Zhang broke an incredible four records: Open Girls Individual Medley, 100m Freestyle, 50m Butterfly, and 50m Backstroke for girls U/16. This is a remarkable performance and we are very proud of Jenny, and the other new record holders. Due to their filling of each and every race, it was Orvis who took the honours on the day with 233 points, followed by Fenwick with 209 points, and Loomis with 182. Individual Trophies will be handed out in assembly on Monday.



## NEWS IN BRIEF

### GIRLS CRICKET

On Wednesday, the Girls' Cricket Team played against Southern Cross in Hoedspruit. Considering the heat, the Stanfordians won the toss and chose to bat first. The girls started very cautiously, with their main aim being to bat through all their overs. The girls eventually picked up the run rate going into the 16th over with some big hits from Isabella Brett and Layla De Bruyn to post a defendable score of 105 for the loss of 5 wickets. The Stanfordians went on to bowl feeling quite confident and won the game by 11 runs as they managed to restrict the home team to only 94 runs in their 20 overs. A special mention to Zoë Koster who bowled exceptionally well taking three very important wickets.



### SPEAKERS SOCIETY

A Speakers Society Meeting was held on Friday 17 August, with the theme "Once upon a time". The evening revolved around the magic of stories and the art of storytelling. The following pupils were awarded: Tanatswa Murasiranwa (Best Impromptu), Zoë Burman (Best Evaluator), Anika Willemse and Rhain Skordi (Best Speech).



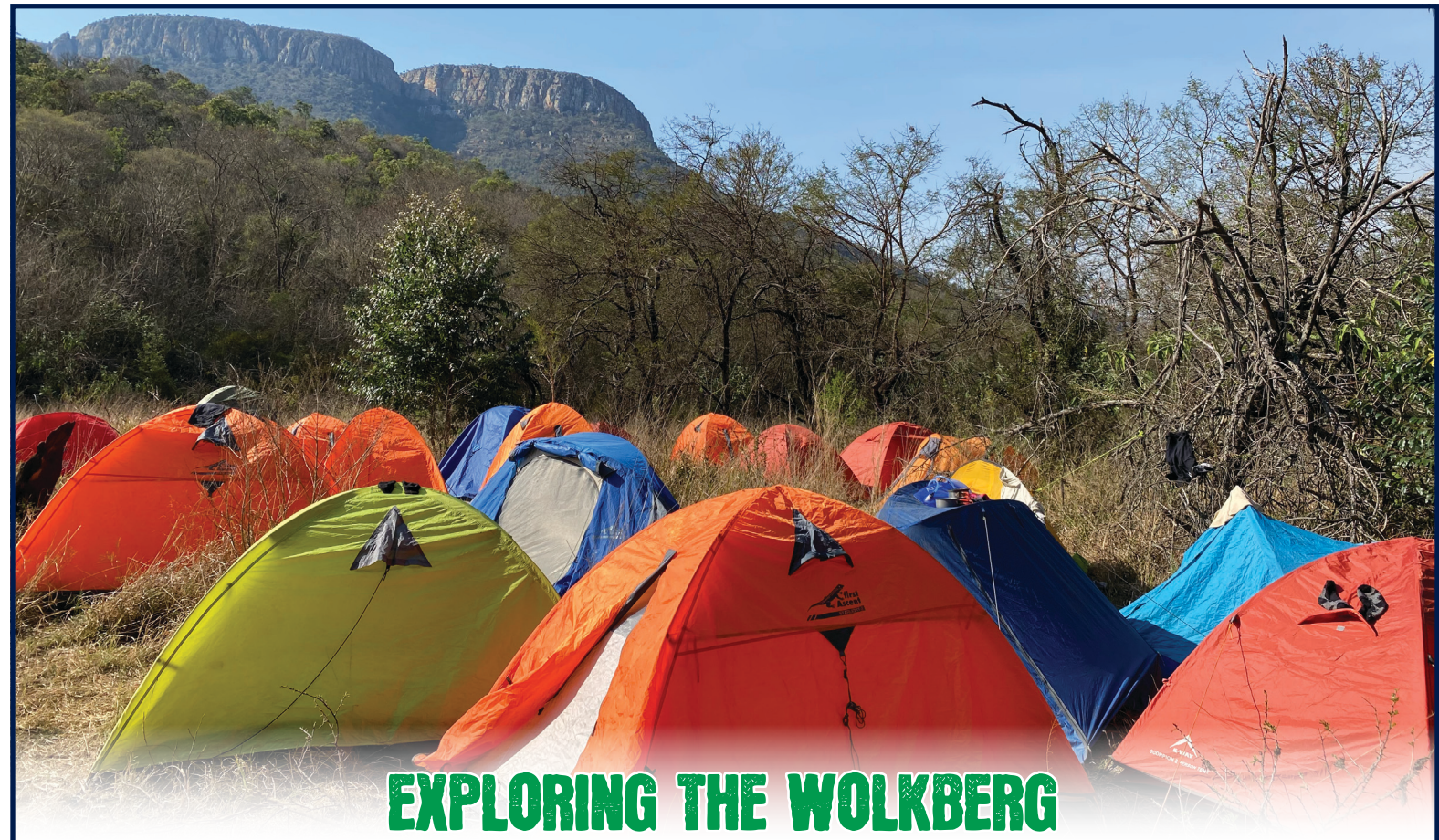
### GOLF

On Monday 22nd August, two SLC golfers played Inter High Golf at Hans Merensky Golf Club. It was a sunny and hot day in Phalaborwa! The golfers found the course a bit difficult as it was the first time that they played on the course. This was our last golf fixture for the year. Well done on some good rounds during the season. Keep practicing and keep the balls on the short grass!



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## EXPLORING THE WOLKBERG

On the 12th of August, the Grade 8 group embarked on their Exploring the Wolkberg expedition. We started at school and made our way around the west of Ebenezer Dam, with a surprise raft trip, skipping the group over a beautiful section of the dam at Consolata Estate. We made our way along the dam and climbed very steep hills, making our way across the Georges Valley Road up to Camp One. The group moved fast, covering the 15km section with ease and arriving at camp at around 15:00. Camp 1 was in the Bifrost Forest, just below the “False Crown”. We had some very cold winds during the night and woke up to a crisp morning breeze. Day 2 was mostly downhill, making it easier on the legs, but still a long hike. The distance was about the same as Day 1, also covering roughly 15km. We reached Camp 2 just after lunchtime, providing time to relax and set up a proper campsite, as we were spending two nights there.

Day 3 was a relaxed day where we left our camp standing and departed only with daypacks, hiking down the Mohlapitse Gorge. We made our way down the gorge through some beautiful forests, passing the “Wonder Woud” and criss-crossing the river nine times to end up at a triple cascading waterfall, known as Crystal Waterfall. We enjoyed lunch there, swimming and jumping off rocks into the waterfall, and then made our way back to camp.

Day 4 brought some new excitement; the food drop! We departed camp and walked a kilometre to where we met the bakkie with our fresh supplies for the next three days. Everyone was happy and excited unpacking their new food, snacks and clothes. We repacked everything in our hiking bags, thanked the food drop crew and we

were off. The joyful atmosphere did not last long as Day 4 consisted of a short 6km hike, but steep uphill all the way. We reached Camp 3 around 12:15pm. It was situated on the top of the cliffs, overlooking a river that we swam in later. We set up camp, grabbed our lunches and made our way down the steep single track to the well-known “Serala Bumslides”. We spent the afternoon sliding, swimming in the “Hippo hole”, a big 5m deep hole cut into the rock slab over many years, and just chilling in the sun.

Day 5 was summit day, the main reason behind the entire expedition, climbing the third highest point in Limpopo! We made our way to Cleopatra Pools and enjoyed the magnificence of The Horns. Unfortunately, it was misty for the first part of the morning so we could not experience The Horns in all their glory, but it cleared up as we reached the summit of Serala. The view, as always, did not disappoint, stretching 360° all around us. We made our way back to camp and started preparing for our return journey the next day.

Day 6 was a long and very hot walk to Bergplaas but worth it for the flat camping surface, a dip in the crystal clean river water and of course, the campfire. It’s amazing how a simple fire can lift the spirits and bring the group together, singing songs, sharing stories and just enjoying each other’s company. On Day 7 we made the 16km hike back to school, utilising some of the Magoeba Trek single tracks and following the east side of Ebenezer Dam. We made fast progress and reached school in good time, everyone smiling as the school’s lake came into view. The Trek was over and everyone made it, 85km in seven days. Each and every pupil should be very proud of themselves for completing this expedition.

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## BOYS SOCCER VS MITCHELL HOUSE

### U/15 A BOYS

It was rather a frustrating game for the U/15As who played against a well organised side. The boys played really well but were lacking results in the final third. Unfortunately, they conceded first but managed to level the matters through a goal by Lefa Mamabolo, the game ending 1 - 1.

### U/15 B BOYS

The U/15B boys played an intense game against Mitchell House U/15Bs. The boys set up very well and played entertaining football. The boys created many chances but struggled to finish. It was only in the second half that they managed to find the back of the net through a goal by Tshepiso Molepo. The boys played well to defend the lead and in the dying minutes of the game, Mafasa Nkoana scored the second goal to win the match 2 - 0.

### 2<sup>ND</sup> TEAM BOYS

The 2nd Team Boys played what might have been their most entertaining game this season and was well contested by both sides. They created many chances but could not use them in the first half. In the second half, they won a penalty but unfortunately missed the spot kick. The boys continued to fight hard until they managed to get a goal through a strike by Nkhensani Mashota and won the game 1 - 0.

### 1<sup>ST</sup> TEAM BOYS

The 1st Team Boys played a very intense, physical game against Mitchell House 1st Team. Having drawn against them in the recent Festival, the boys were determined for a win. After a good build up, they were able to get an early goal by Diego Vieira. The boys continued to work hard and produced more chances. The boys played really well to keep their lead and took the game 1 - 0.

## TENNIS NEWS

On 24th August, SLC travelled to Curro Heuwelkruin to play another Limpopo League fixture. It was a beautiful sunny afternoon and the students, once again, performed well.

It was a bit of a bitter sweet afternoon with some of our first team players playing their last game for SLC because of their Prelim Exams starting next week. As a team, we tried to emphasise to them that even though exams are important, we feel that Tennis is **important** but they would not give in and we wish them all the best in their exams.

### Girls Team Singles

Tantaswa Murasiranwa won 4 - 3

Rachel Rix won 5 - 2

Serena Rix 7 - 0

Ellain Chidavaensi won 6 - 1

Sarah Collins won 5 - 2

(This was Sarah's very first tennis match for SLC)

### Girls Team Doubles

Tanatswa and Rachel lost 3 - 4

Serena and Ellain won 7 - 0

### Boys Team Singles

Stefan Hacker won 7 - 0

Luke Schoeman won 6 - 1

JJ Vilakazi won 5 - 2

Jethro Clowes won 4 - 3

Quintin Swanepoel lost 3 - 4

### Boys Team Doubles

Stefan and Luke won 6 - 1

JJ and Jethro won 4 - 3

## Appeal for Soft Toys

Thusanang currently work with over 100 crechés in the area and are looking for soft toys for the children. Let's help them reach their goal by assisting with donations. So if you have a previously loved soft toy that's looking for a new home, please send all donations to Mr Vollgraaff's class.



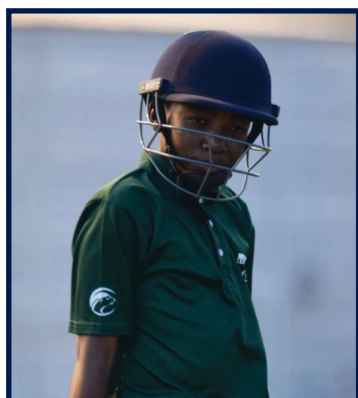
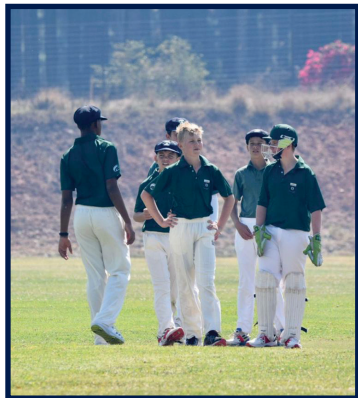
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## BEN VORSTER DOMINATE AT THE CREASE

On Saturday the 1st XI Boys Cricket Team travelled down the mountain to play against Ben Vorster. Stanford won the toss and elected to bat first but were bowled out for 63 with Zayd Moosa being the top scorer with 26 runs. Ben Vorster chased the score down within 10 overs and won the game by nine wickets with Devon Coad taking the only wicket.

At the same time, the U/15 boys played on home turf against Ben Vorster's U/15s. The visitors won the toss and elected to bat first. They scored a mammoth 335 runs before being bowled out. Unfortunately, the Stanford boys were bowled out for just 31, but many lessons were learned and the lads will keep on working hard to improve.



## EISTEDDFOD PHOTOS

A number of pupils have been competing at Merensky in the MDDK Eisteddfod this week. Results so far have been extremely impressive but with our dancers still left to perform today, we'll save the report for next week's edition...

