



Matters of Principal

If anyone is in doubt about what one of our major extra-curricular focuses is as a school, they simply have to look at our calendar over the last few weeks. During the half term break, we hosted the first face to face Round Square Conference since COVID. The theme for that was adventure. Subsequently, the Grade 8 and 9 groups have successfully completed their Treks. The Grade 8 group successfully summited the Iron Crown and the Grade 9 group completed "In the Footsteps of Legends" over the past 8 days (with the highlight being the river section). The lessons learnt about grit, resilience, courage, an appreciation for God's creation, the importance of sustainable living, leadership and many others are immeasurable and I have no doubt that such lessons will transfer into everyday life.

I have recently hosted all of the Grade 8 pupils for a meal at my home. Whilst some of the manners leave a lot to be desired, their company was excellent. Dionne and I thoroughly enjoyed the opportunity of engaging with them. The conversation inevitably involved their thoughts on their 'Trek' and I was heartened by the manner in which our pupils valued these experiences. They did not necessarily claim to have all enjoyed the outings but - to a person - they recognised the value of this programme.

On Wednesday, we hosted the Interhouse Wik triathlon. The turn-

"Earth and sky, woods and fields, lakes and rivers, the mountain and the sea, are excellent schoolmasters, and teach of us more than we can ever learn from books."

- John Lubbock

out was disappointing, with many pupils choosing not to participate. While this might be another spinoff of Covid (and an unwillingness to voluntarily participate in strenuous activities coming to the fore after two years of a sedentary lifestyle), we see this as an opportunity to intervene and speak of the importance of commitment: one of our driving values.

This weekend is yet another busy one as we host our Open Weekend, I look forward to welcoming seventy-five potential new Stanfordsians onto campus on Friday and Saturday.

The netball and rugby seasons kick off in earnest on Saturday. We have four rugby teams and six netball teams heading up the N1 to play Eric Louw and we wish them well. On Sunday, we host the full Wik Memorial triathlon, a highlight of our calendar. We look forward to hosting family and friends onto our beautiful campus this weekend.

We have much to celebrate, anticipate and be grateful for!

God Bless,

NEWS IN BRIEF

EQUESTRIAN

Ruben le Roux participated in the Blouberg Classic graded show over the past weekend. The show was held in a very windy Vivo! Ruben and his stalwart warmblood, TI Quinta, participated in two show jumping classes at a height of 1.10 meters. They came first in both classes.

Capital Clooney, Ruben's new partner, was a real champion. On Saturday they participated in two speed classes, jumping 1.20 metres. On Sunday they competed in the competition class - clear round and jump off - also at 1.20 metres. They won all three classes!

Good luck to them at the next graded show which will be in two weeks' time at Maple Ridge in Krugersdorp.

ATHLETICS

On Saturday 5th March, seven athletes represented the Mopani District in the Limpopo Athletics Championship hosted at Peter Mokaba Stadium. These athletes participated in nine events and Stanford walked away with two podium finishes and a couple of close 4th places. Kondwani Buliani came 3rd in the 100m for Boys U/19 and Zayd Moosa got a silver medal for Shot Put Boys U/17. Well done to all the athletes who participated in all the events this year. Stanford is proud of you all.

ADVENTURE RACING

This past weekend Benno Kotzé, Heidi Katzke and Ruben Venter participated as a three-man team in a 150 km Adventure Race at the Vaal Dam. They started the morning with a 10 km run/hike and made short work of it. They then had to complete a 20 km paddle that was quite an adventure with three people on one Synergy Kayak. They then proceeded to do a 3 km run before staring a 123 km cycle. They made good progress despite the mud and a bit of rain and finished in good spirits around 00:30 am Sunday morning. Well done to them!



POSTCARD

ROUND SQUARE POSTCARD ON COURAGE, TENACITY AND ADVENTURE!



Hot-on-the-heels of the Conference success, Stanford Lake College hosted Wednesday's RS Zoom Postcard on "Courage, Adventure, Tenacity"! Thank you to student hosts Luke, Lungile, Yash, Zoë, Amber, Elziné, Kwena, Tristan, Laura, Christoff, Keanya, Marthinus, Langa and Layla. The call brought together over around 80 participants from 12 schools in 5 countries (India, Pakistan, Kenya, Rwanda and South Africa). A welcome and introduction from student leaders presented the values system at Stanford Lake College, and framed a conversation around Courage, Adventure and Tenacity. Participants watched a short film that explored these themes, before splitting into Baraza breakout rooms to share how they are interpreted in different schools and cultural contexts. A final feedback and reflection session brought the Zoom Postcard to a close.



Marthinus Venter

It was a really nerve-racking experience that helped me move out of my comfort zone - I think it went well. We had a rocky start but it all cleared up and got a bit easier to speak. Overall, I think it was a success and would definitely recommend participating to other students and I would want to do something like it again.

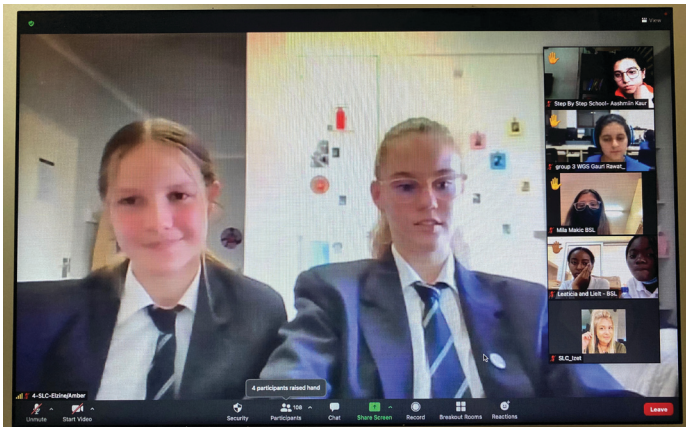


**Christoff van der
Westhuizen**

The Round Square Postcard we hosted on the 9th of March was just amazing.

Especially for me, as this was my first time helping with it. It was really stressful at the beginning where I had to present to over 80 kids and their teachers, but as soon as we broke out in our Baraza groups, I felt a bit more relaxed.

It was really great to hear everyone's opinions on our three topics: Courage, Adventure and Tenacity. I really learnt a lot from these kids and how they preserve these three values. All and all, I think it was a big success and I hope there will be more Stanfordinians joining us next time. Thank you Miss Bredenhann.



HANDS



FACE



SPACE



VACCINATE

**STAY ALERT
CONTROL THE VIRUS
SAVE LIVES**

SNAP SHOT

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GRADE 9 EXPEDITION - PART ONE - IN PICTURES

Full report in next week's edition.

