

# SNAP SHOT

Stanford Lake College  
ISSUE 26 of 2022 - 19 August



## Matters of Principal

Last night I was watching highlights from the day's play at Lords. Those of you who have tuned into the cricket would have seen that the spectators are dressed predominantly in red and the English cricket team has red trimming on their kit. "Red for Ruth" is a fundraiser for the Ruth Strauss Foundation which raises money to support families dealing with the grief of losing a parent. During one of the advert breaks, they played a small insert to raise awareness as to the number of children who are dealing with the grief of losing a parent **every day** in the UK! This is a staggering number. I shudder to think what that figure is in our country.

The cricket community has come together to raise funds and awareness for the cause and I was heartened by the enthusiasm shown and the amazing sense of oneness at Lords yesterday. Once again, the power of sport to unite people and the importance of community was obvious for all to see.

**"The best way to find yourself is to lose yourself in the service of others"**  
- Mahatma Gandhi

It got me reflecting on our sense of community at Stanford and our obligation to continually emphasise the importance of meaningful community outreach. If I am honest with myself, it is an area of school life that we have not re-energised post-Covid. I firmly believe that every pupil at Stanford should be involved in meaningful community work. We, as a school, need to identify projects and create opportunities for our pupils. In our planning for 2023, it is something that we will focus on.

Have a wonderful weekend

God Bless,



### GRADE 8 EXPEDITION

Full report in next week's edition





# SNAP SHOT

Stanford Lake College  
ISSUE 26 of 2022 - 19 August

## SPORTS NEWS IN BRIEF

### BOYS CRICKET

On Saturday, Stanford's 1st XI boys played their first league match of the season. Stanford won the toss and elected to bowl first. The visitors were put under pressure early on when they were 28-3 after 12 overs. The next two batsmen made the bowling attack think twice about their line and lengths. The visitors were bowled out for 335. David Mulder was the pick of the bowlers and was well supported by Iggy Lindeque, Matt Allison and Devon Coad.

Stanford started their chase well and a 50-run partnership for the second wicket between David Mulder and Ryno Schultz set the team up for a great chase. Unfortunately, the middle order collapsed and Stanford was bowled out for 133, losing the game by 202 runs.

### GIRLS CRICKET

On Wednesday the Girls' Cricket Team faced Ben Vorster. Stanford won the toss and elected to bat first. Stanford scored 68 runs in their allotted 20 overs. Ben Vorster chased down their target within 11 overs with Krisha Kan-yongolo taking the only wicket. Stanford lost the game by 9 wickets. The girls enjoyed the game and are very excited to play their next fixture.

### BOYS SOCCER

The 1st and U/15 Soccer Teams travelled to Ben Vorster on Wednesday. With so many players on Trek, the U/15s did well to keep the score to 1 - 7. The 1st XI Boys have had a great season thus far and were excited for another tough fixture. Unfortunately, after a slight lapse in concentration, they allowed an easy goal in, and drew the match 1 - 1. Well done to both teams and coaches.



Please note that the School's Interhouse Swimming Gala is next Tuesday, 23rd August. This is a compulsory school event and all pupils are expected to attend.

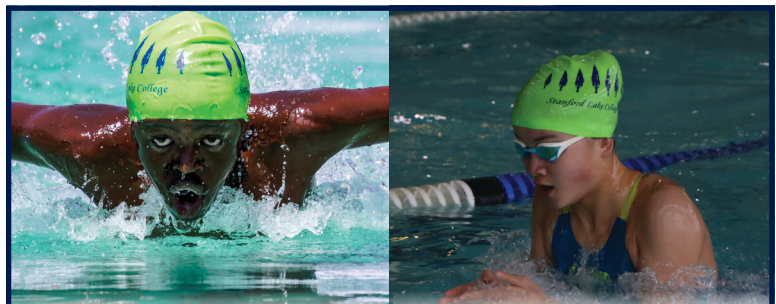


# 100

*Congratulations to Mr Friedrichs who coached his 100th game for the Stanford 1st XI on Saturday. He was presented with a shirt with the number 100 and a signed cap. Thank you, Mr Friedrichs, for your commitment to the sport and all the guidance you have given our cricketers.*



Congratulations to Ruben le Roux (Grade 11), who has been selected to participate in the 2022 All African Mauritian Friendship Cup in September! This equestrian competition, to be held at Mauritian Riding Club, Club Hippique de Maurice, is strictly on an invitational basis and only riders who seem fit and qualified to partake in this competition are invited. Well done, Ruben!



## SLC SWIMMERS CHOSEN FOR LIMPOPO

Congratulations to Jenny Zhang (Grade 10) and Pearson Mumba (Grade 11), who have both been selected for the Interprovincial Limpopo Swimming Team.

Last weekend, both athletes competed in a gala and did extremely well. Pearson obtained first position in the 50m Breaststroke, second place in the 50m Backstroke, 50m Butterfly and 200m IM. He also got third in the 50m Freestyle. Jenny came first for all of the five events that she swam in her age group which was: 200m IM (with a time of 2:37), 100m Butterfly, 100m Backstroke, 100m Breaststroke (1:24) and 100m Freestyle (1:04). She improved her 100m Backstroke time by 3 seconds (now 1:09.27) and improved her 100m Butterfly time by 4 seconds (now 1:11.35) and for the rest of her events she swam her personal best times.

**Bake Sale**  
22nd August

**Spring DANCE**  
15th September  
Tickets available on ALLXS