

SNAPSHOT



"We all have dreams. But in order to make dreams come into reality, it takes an awful lot of determination, dedication, self-discipline, and effort." - Jesse Owens

Over the past week, I have been watching the World Athletics Championships in the evenings, live from Budapest. There have been some remarkable athletic performances from male and female athletes in the most supreme physical condition. I have really enjoyed listening to the stories behind so many of the athletes, like the Greek athlete who - by chance - was spotted by a long jump coach playing around in the streets of Athens doing parkour. He is now an Olympic and World Champion. I have been amazed by the range of ages participating in various events: the youngest (I think) being a 17-year-old female. What has also amazed me has been the longevity of these athletes and what it has taken for them to remain at the top of this demanding sport for so long. Many of them have suffered serious injuries that have kept them from performing for months and, in certain cases like the great Wayde van Niekerk, for years. Yet they keep on coming back, driving themselves to glory, pushing themselves to their absolute physical and mental limits. Their selfdiscipline is unquestionable as they pursue the ultimate goal. Their willingness to sacrifice everything in order to achieve that goal is extraordinary and surely serves as an example to us. Performing at an elite level gives one nowhere to hide and no one to blame for failure. One is forced to accept responsibility and accountability for one's performance. I encourage our pupils to think carefully about this and consider how it can be applied in their lives. As our matrics

prepare for their trial examinations, are they willing to make sacrifices and take responsibility for their own work or will they blame the system if they don't reach their goals? Do our footballers and cricketers put in the hard work required to be their best, or is it too easy to simply say the coach is not good and they didn't have time? Do our pupils pay attention in class, ask questions and use their prep time effectively or do they think extra lessons will solve the problems? I know our pupils all want to do well. They have set effective goals, but the question is: how many of them are really willing to put in the hard work that it takes to reach these goals? There is no doubt that many of our pupils are extremely busy, but with proper time management and positive encouragement to keep going and not give up, I am confident that they will attain the goals that they have set. Apathy and self-pity will result in no more than mediocrity and that is not what our school is about.

Have a wonderful weekend.

God Bless.

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FULL EISTEDDFOD REPORT IN NEXT WEEK'S EDITION, ONCE ALL OUR PERFORMERS HAVE COMPETED







The Grade 8s left on their Wolkberg Expedition on Monday. Full report upon their return!









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Last week, on Wednesday the 16th August, our Junior Debating Team engaged in a challenging debate against Veritas School. Despite the encounters faced, the team managed to convince the adjudicators that indeed, "Parliament should adopt a secret ballot for motions of no confidence against a sitting president" and thus won the debate against Veritas. Well done to the debaters as they have made it through to the next round of the tournament. Retsepile Nare was awarded best speaker!



The Senior Debating Team took a trip down the mountain to participate in the third round of the Polokwane Mayor's Cup Tournament. The debate was hosted at Maseala Progressive Independent School in Seshego and our team prepared extensively for it. Fortunately, they came out triumphant despite the troubles they faced getting the team together. Overall the tenacity and commitment shown by these debaters will hold them in good stead for their upcoming debates in the tournament. Well done to all the debaters. Jenny Zhang was awarded best speaker!

SOCCER VS BEN VORSTER

U/15A BOYS

The U/15A Boys started the game very well, creating numerous chances in the final third but were unfortunately not able to convert any of them. They were caught twice on counter attack and Ben Vorster scored on both occasions. At the stroke of half-time, an error at the back led to Ben Vorster scoring the third goal. In the second half, the boys looked lively and managed to win two penalties, but only managed to convert one through Lehlabile Tswaane. They finished on a strong note but could not catch up, with the game ending 3 - 1 to Ben Vorster.

1ST TEAM BOYS

The 1st Team Boys started very well, creating many chances and were dominant in the first half, controlling the tempo of the game. They managed to get the lead through a free-kick by Mokgale Mamabolo. Going into the second half, the boys continued to create chances but became frustrated when they were unable to convert them. Despite this, they managed to keep a tight defence and the game ended 1 - 0 to Stanford.

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U/15 BOYS VS TOM NAUDE

The U/15A Cricket Team continued where they left off in their previous game. They played against Tom Naudé A here at Stanford. After losing the toss and being sent in to bat first, the boys batted brilliantly to post a massive 240 in 35 overs, scoring at more than a run a ball. Again, it was the Captain, Josh Doolabh who lead from the front, scoring 119. This is a huge achievement as it is his second 100 score in two weeks. There was also a good little partnership between Anrich van Wyngaardt and Matthew Scriven in the last 7 overs to add a useful 30 extra runs to the score. The bowling was again excellent and all of the six bowlers contributed. However, it was again Aryan Parekh who excelled, taking an incredible 4 wickets for 13 runs in 4 overs. Two of his overs were wicket maidens. This was a fantastic team performance, and the boys completely outplayed an otherwise strong Tom Naudé side.



1ST TEAM BOYS VS GIYANI

On Saturday, the 1st XI boys cricket team took on Giyani. On an overcast and misty morning, Stanford won the toss and elected to bowl first. David Mulder (1 wicket for 9 runs in 6 overs) and Nakedi Makweya (1 wicket for 15 runs in 6 overs), opened the bowling and kept it tight from the word go with the guests being restricted to 24

for 3 after 12 overs. The other bowlers also kept the pressure on the opposition and Giyani was bowled out for a mere 72. Matthew Allison and Dylan Turner took two wickets a piece and Tristan Brett and Zayd Moosa took one wicket each. Stanford started the run chase well and reached the target of 72 runs within 10 overs. Zayd Moosa scored an unbeaten 32 runs off 18 balls. Stanford won the game by 7 wickets.



GIRLS VS GIYANI

In an exciting cricket match held on August 24th, the Girls' Cricket Team faced off against Giyani. The match was marked by impressive performances from both sides and showcased the talent and determination of the players. Stanford won the toss and chose to bowl first. The decision proved to be strategic as Isabella Brett, with her well-placed delivery, secured the first wicket for the team. Throughout the match, Giyani displayed commendable gameplay, but the Stanford girls maintained their momentum. Jenna Gardiner and Moratiwa Inama also took crucial wickets, contributing to the consistent pressure on Giyani's batting line-up. Notably, Jenna and Basani Msimeki's bowling efforts resulted in multiple dismissals, emphasising their skill and determination. A slight setback occurred when a free hit allowed Giyani to stay in the game, but Stanford remained resilient. Giyani managed to set a target of 130 runs for the girls to chase.

Elia Jones, who faced the first ball, exhibited remarkable determination by staying in the game until the very last ball. Her steadfast performance was a standout moment of the day. Unfortunately, luck did not favour the Stanford batswomen during this match, and they were bowled out after just 9 overs. Despite this outcome, the match was a testament to the spirit of teamwork and dedication among our players. Their commitment to the game, even amidst various other commitments and challenges, highlights their passion for cricket and their willingness to give their best on the field.



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Hoërskool Tom Naudé



1ST TEAM GIRLS

The 1st Team Girls played a good game, once again dominating their opponents. They displayed their dominance by scoring soon after the first whistle. The girls continued to create more chances and managed to convert five of them by half-time. Going into the second half, they did not back down and continued to attack. In the second half, they managed four more goals. The girls kept it clean by not conceding a goal and the game ended 9 - 0 to Stanford.

U/15 BOYS

The U/15 boys had a tough game and despite six clear chances in the first half, they were unable to convert. Tom Naudé were strong and managed to score two goals within 5 minutes. At this point the Stanford team became very disorganised and the game ended 2 - 0 to the opposition.













2ND TEAM BOYS

The 2nd Team Boys started very well, creating many chances in the final third. Unfortunately, they were not clinical enough and that led to Tom Naudé scoring first. The boys fought hard in the first half and it was 1 - 0 during the break. Coming into the second half, the boys were looking to make an impact and pressed high on the opponents' side to win a lot of balls. They utilised their chances and managed to score two goals but then a few errors at the back led to Tom Naudé scoring three goals in 10 minutes and winning the game 4 - 2.

1ST TEAM BOYS

Going into the match, the team were looking to continue their unbeaten run. They started with high intensity and managed to score three goals by half-time. Going into the second half, the boys played a possession game and manage to keep the ball away from the opponents. They continued to create more chances but were unable to find the back of the net. An error at the back led to Tom Naudé scoring in the last few minutes of the match, the game ended 3 - 1 to Stanford.







