



SNAPSHOT



Matters of Principal

“Man often becomes what he believes himself to be. If I keep on saying to myself that I cannot do a certain thing, it is possible that I may end by really becoming incapable of doing it. On the contrary, if I have the belief that I can do it, I shall surely acquire the capacity to do it even if I may not have it at the beginning.”
- Mahatma Gandhi

An aspect of this school that continually amazes me is how our pupil’s self-confidence develops over the course of their time here. We talk of holistic education - an education that aims for academic excellence and the development of the 21st-Century skills that are central to our pupils leaving our school and making an impact on society. The list of 21st Century skills is endless and ever-growing. These skills can, however be placed into broad categories: Life Skills, Learning Skills and Literacy Skills.

It is these skills that, over the past 25 years at Stanford, have been inculcated into various programmes designed to ensure that our pupils are exposed to the learning of these skills. Through our excellent academic, sporting, cultural and adventure programmes, opportunities are created whereby pupils are challenged and stretched. Over the past few weeks, we have held a number of special assemblies celebrating various aspects of our school life. We have hosted an Environmental Week assembly, a Service and Awards assembly, and an assembly celebrating Freedom and Workers Day. At each of these assemblies, a number of our pupils were challenged to develop the 21st-Century skills that fall into the Life Skills basket. Public speaking, for example, can be terrifying (particularly when called on to address your peers). The same applied to dancing or singing in public. Yet time and again, our pupils are called up to the lectern and courageously put themselves out there. Not only have their public speaking skills been tested but so too have we tested their leadership, organisational and creative skills. A case in point is the Freedom Day and Workers Day celebrations. We hosted our grounds

and estates staff to an assembly and tea on Tuesday. The pupils put together a programme of dance, singing, poetry and speeches to commemorate these special days. I was particularly gratified to finally see a few of our boys displaying their cultural skills. A troop of young men performed a medley of four songs while the vibrant girls’ dance crew choreographed a routine to a song from Sarafina. Add to this an extract of Amanda Gorman’s poem “The Hill we Climb” and a young man speaking about finding freedom of expression in music and we had a most entertaining assembly presentation. The assembly was closed with one of our senior pupils thanking our support staff in Sepedi for all they do for us.

Further evidence of these vital skills lies in the body of this newsletter. There is a link to a YouTube video put together by four young Stanfordinians. In their efforts to promote the recycling programme, they have put together a remarkable video encouraging us all to recycle. In doing so, they have demonstrated a number of skills including collaboration, communication, creativity, media literacy, technology literacy and critical thinking. This will hold them in good stead in years to come. To me, the most positive spin-off in all of this is the wonderful sense of self-confidence that our pupils slowly but surely build.

As someone wise once said: A mind once stretched to a new dimension never returns to its original shape.

Thank you, Mr Prinsloo



After almost 26 years of service to Stanford Lake College, Mr Piet Prinsloo has resigned from the Board of Governors. He is the longest serving Board member at Stanford Lake College. In 1997, Piet was an integral part in the planning of the school, the planning of the infrastructure and the funding of this ambitious project. The magnificent school which you see before you today, with all its modern amenities and infrastructure, first class tuition, and 270 pupils, is the realisation of the dream by Stanford’s forefathers, one of them being Piet. Piet is an outspoken and progressive thinker. Although he is steeped in the Afrikaans tradition, he chose to send his three children to an English primary school, and then on to Stanford Lake College. He swam against the cultural current in which he was raised, which took great courage, because he believed his children would benefit more from receiving an education in English. This is a solid case of putting your money where your mouth is. This has always been Piet’s approach on the Board – courage. He has had an unshakeable belief in what he is saying, and is unafraid to raise controversial points of view. He could always be relied upon to fight the good fight for the school. Piet, we do hope that you will spend many hours in the future, ruminating over a glass of whiskey, about your years at Stanford Lake College, how you were so integral to this school for an incredible 26 years, and how you watched a dream become a reality, and an extremely successful academic institution. This is success! Stanford Lake College is indebted to you. To you we extend our deepest gratitude for your dedication to our school for two and a half decades. During a special assembly last week, Piet was awarded the King Constantine medal for his service to the school.



A MAMMOTH ADVENTURE

By Ruben Venter and Ryno Schultz

Over the weekend of the 15th – 16th April, we raced with IIne Kotzé and Mr Fullard as team Stanford Lake College at the The Mammoth Woodridge Adventure Race. We started off with a 2.5 kilometre hike which was quite fast getting us in the top five teams going into the 20 kilometre bike leg. The bike leg was full of thick sandy roads and many uphill. The next leg was a kayak / run / kayak leg which entailed a long stretch of running on the dunes. After winds, cramps, cold weather and some rain, we got to the next transition. The second bike leg was 24 kilometres with a 560 elevation gain. We had a wonderful introduction to the bike leg by having a steep climb at the start of the section where we had to push our bikes up most of the hill.

The last leg was a 14 kilometre hike where we saw some beautiful scenery and we could see Jeffreys Bay from the top of the mountain. Being able to see the finish line but knowing that you still need to do 10 kilometres of running takes away most of your motivation. Our favourite part of the race was the abseiling which was quite challenging as it was our first abseil (except for Mr Fullard who went down there in about 3 seconds). The goal was to do the abseil in daylight and we achieved it. The navigation during the night was difficult and resulted in us ‘bundu bashing’ out of the gorge onto the road and to the finish line. After 13 and a half hours of racing we finally crossed the finish line placing second in our category. This was a huge accomplishment as it was Ryno’s and IIne’s first long race.

“No sports demands more suffering and produces more joy than adventure racing”



RUBEN IS BACK IN THE SADDLE

Ruben le Roux participated in a three-day show at Revil Stables in Polokwane recently. It was his first show in more than six months, since his knees (meniscus in both knees, and PCL in right knee) got injured during high jump in January.

Ruben and his two horses had a good show. TI Quinta, Ruben’s warmblood, competed in the 110cm show jumping classes, and managed a beautiful 4th place on Saturday. Ruben and warmblood, Capital Clooney (pictured), jumped in the 120cm class on Friday, ending in 7th place. On Saturday and Sunday they competed in the 130cm classes, ending in 10th place in the championship class after having an unfortunate pole in a triple combination. They achieved fabulous results in huge classes, competing against not only juniors, but also adults and professional riders.

It was nice to see Ruben competing in the sport he is passionate about again. Hard work and lots of rehab after his knee injuries paid off! His next show will be the SANESA qualifier at the end of May.



WE DON'T MIND WHICH EMBLEM YOU WORE ON YOUR CHEST...



We are having a reunion for ALL Old Stanfordians

Friday, 19th May 2023

18:30

Top Field

R175pp

Includes snacks & welcome drink
Cash bar available after

LIVE BANDS





SNAPSHOT

NEWS IN BRIEF

GOLF

Unfortunately, due to unavailability of some players, we only had 2 players playing in the second round on Monday, 24th April. It was a much better day on the course and there was a significant improvement in the scores. Well done Matt Allison and Andrew van den Heuvel for a valiant effort on the day. The next fixture will be Inter High in Louis Trichardt on 8 May.

RECYCLING - APRIL STATS

MATERIAL	KILOGRAMS
PLASTIC	1102 KGS
CARDBOARD	612 KGS
PAPER	123 KGS
GENERAL WASTE	1259 KGS
TOTAL WASTE DIVERTED FROM LANDFILL (RECYCLABLES)	1837 KGS
TOTAL WASTE ACCUMULATED	3096 KGS

We have been running a competition over the last few weeks for pupils to submit a video explaining our new recycling initiative. Click below to view one of the brilliant entries...

[CLICK HERE](#)

LIMPOPO TRIALS

On Tuesday, 25th April, six boys travelled to Polokwane to participate in the second round of Limpopo Rugby Trials. All the boys enjoyed playing against different players. Thabang Shabangu was selected to attend the third round of trials on 9th May in Polokwane.

During the recent Trials for netball, Krisha Kanyogolo was selected as a reserve for the Limpopo U/16 team.

SQUASH



Congratulations to the Stanford squash players who participated in the South African Country District Festival recently. We hope this motivates other players to step up with training.

HONOURS - ADVENTURE RACING



Congratulations to Tristan Brett who was awarded his Honours for Adventure Racing during a special assembly last week. He has completed 1085km of racing since the start of Grade 10 and has done so in good spirit, showing grit and determination. He has gone the extra mile to achieve this award, traveling and racing all over the country and with various teams over the last year. In his last race, his team managed to win the 24-hour event, racing 235km in total, a truly great achievement. He has more than displayed the values of a Stanfordian, he has embodied them and in doing so exemplified the Stanford name wherever he went.

Out in **AFRICA**
GALA DINNER & AUCTION

SATURDAY, 20th MAY 2023
 18:30 at the Dream an' Do Centre
 Stanford Lake College

TICKETS Table Bookings: R5750.00 (table of 10)	BANKING DETAILS Name: Stanford College Bank: FNB Branch Code: 260 349 Account no: 53961097905 SWIFT code: FIRNZAJJ Ref: Gala - Name & Surname
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RSVP to: marketing@slc.co.za

Celebrate 25 years of Stanford Lake College

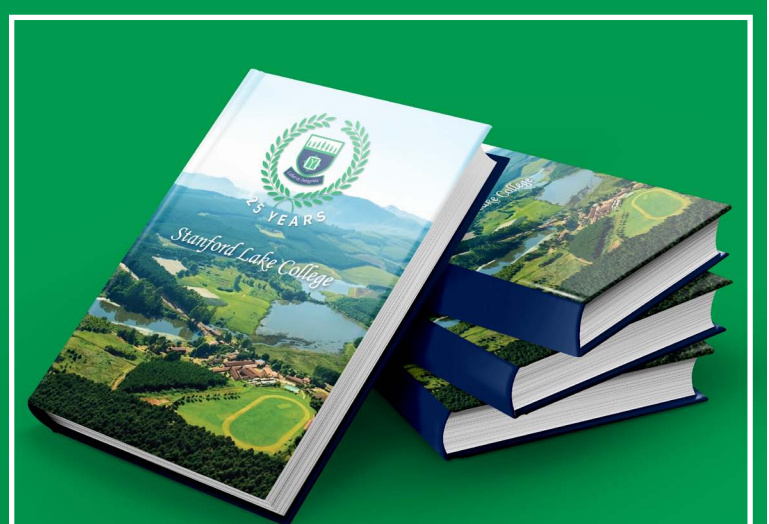


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JENNY SWIMS AT SA SCHOOL CHAMPS

Over the weekend of the 21st – 22nd April, Jenny Zhang represented Limpopo at the South African Schools’ Swimming Championship hosted in Durban. This is a competition where all of the country’s best school swimmers compete against one another. Jenny qualified to swim in eight events, where she made it through to the final race for each of them. This included three relay races. Making the finals of these events, puts Jenny in the top 10 swimmers in her age group within the country. This is even more impressive as she swam in the Open category, which includes swimmers up to 19 years of age. It was a grueling weekend of fierce competition, but Jenny can be very proud of her accomplishments. Jenny was also announced as the Limpopo girls’ swimming captain.



We are super excited to announce that the 25-year publication will be available towards the end of the year. The hardcover coffee table book details the history of Stanford Lake College. You can pre-order your copy via the ALLXS system at the cost of R460.00

If you are unfamiliar with the ALLXS system and would still like to pre-order, please send an email to marketing@slc.co.za



Stanford Lake College hosted the second event in the series of 4 Limpopo XCO Mountain biking competitions. The event was initially scheduled to take place on the 25th of February this year but due to excessive rains damaging the track, the race had to be postponed. The new date was this past Saturday the 29th of April and the weather played along making it an excellent day to be on a bike on the mountain.

An event such as this cannot take place without sponsors and people who so generously contribute their time and expertise: PPS Petroleum was the title sponsor of the day and as such the race was called the PPS Limpopo XCO #2. Other sponsors included Allegraine Dairy, Du Roi Nursery, Du Paint & Tool, Letaba Networks, Spar and Miami Canners. Thank you so much!

Thanks also goes to the Limpopo XCO committee; ROR events for entries and timing; Isis Décor & Design for the sound; FMS Medical & Tems for providing excellent medical and ambulance support. Stanley Thomson for being the MC on the day and to Mr. Willie Willemse for being the commissaire, ensuring the day is run adhering to Cycling South Africa rules. To Shirley Scriven and Lina Noel for assisting with the fundraising and marketing. To Wild Hawk Farm and the Noel family; in particular Bill Noel for assistance with staff for clearing and prepping of the track.

SLC celebrated a team of participants on the day and congratulations to Gordon Noel, Mr Willson and Mrs Schoeman who all clinched first places in their respective age categories. Isabella and Nick Dando, Judah Leher and Ilne Kotzé also participated in their home ground race and they all showed real Badger spirit. Well done to all of you – the SLC track is a tough one.

With all the above said; we cannot forget to thank Mr Fullard and his excellent team. The SLC staff who organised and helped set up and clean up before and after the event. Your team ensured that the day ran safely and smoothly. We can be proud, the SLC name was held extremely high!



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HOCKEY NEWS

GIRLS HOCKEY VS. NORTHERN ACADEMY

Stanford Lake College played friendly matches against Northern Academy on Friday the 21st of April. Despite dominating possession and play in the Northern Academy's half, the first quarter ended goalless. However, Stanford Lake managed to score by the end of the second quarter, leading the game 1 - 0 at half time. The second half mirrored the first, with Stanford Lake College maintaining their lead and scoring again halfway through the last quarter. The final score was 2 - 0 to Stanford Lake College.

In the senior girls' team match, Stanford Lake College started strongly with a shot on target within the first minute of the game. However, thanks to the impressive saves from the Northern Academy goalkeeper, the game remained goalless for the first fifteen minutes. SLC eventually found the back of the net in the second quarter, opening the scoring. They continued to dominate the game, with most of the play taking place in the Northern Academy's half. The final score was a convincing win of 4 - 0 to Stanford Lake College.

BOYS AND GIRLS HOCKEY VS. PHS

On Tuesday, 2nd May, the girls' hockey teams faced off against Hoërskool Pietersburg. The U/14 girls put up a tough fight, but they, unfortunately, lost 5 - 0 to PHS. Despite this, the girls displayed admirable determination throughout the game. The U/16B girls gave a strong performance, ending in a 1 - 1 draw.

The U/16A girls fought hard but unfortunately lost to PHS with a close score of 0 - 1. The girls displayed impressive determination but were unable to secure a win against their opponents. Lastly, the 1st Team had a tough match, ultimately losing 1 - 3. Despite this, they played with passion and determination until the very end of the game, showing resilience and strong teamwork throughout.

On Thursday, 4th May, the Stanford Lake College hockey boys' played against Hoërskool Pietersburg. In the first game of the day, the U/14 Boys were victorious with a final score of 3 - 0. This is a testament to their skill and teamwork on the field. However, the U/16 B-boys were not as fortunate, losing their game with a score of 0 - 3.

Similarly, the U/16A Boys also faced defeat, losing their game with a 0 - 3 score line. Despite this, the boys continued to show determination and perseverance throughout the game. Finally, the 1st Team also lost their game 0 - 3. While they did not come out on top in this game, they fought hard and fought right until the final whistle.

NETBALL NEWS

NORTHERN ACADEMY

On Saturday, 22nd April, our girls' netball teams competed in friendly matches against Northern Academy. The girls showed great determination and played extremely well, with some games being highly competitive. Although the U/14 A and B teams lost their matches with scores of 4 - 10 and 6 - 14 respectively, the U/15A team managed to win their game with a last-minute goal, the final score being 16 - 15. The 2nd Team also did well but went down 8 - 22. The 1st Team fought hard until the end and emerged victorious with a score of 27 - 23. The girls had a great time and enjoyed a fun-filled day of netball.

FRANS DU TOIT

On Thursday, 25th April, Stanford had their second league match against Frans du Toit, where they unfortunately suffered defeats in most of the games. The U/14 and U/15 teams both lost their games. The U/15 A team lost by only one point, with a score of 10 - 11, while the U/15 B team lost by two points, with a score of 10 - 12.

Stanford's 2nd Team showed a good performance in the first half and was leading, but eventually lost the game with a score of 13 - 15. However, the 1st Team was leading in all three quarters with a score of 27 - 23, but unfortunately lost by only one point, ending the match with a score of 28 - 29.

Despite the defeats, the teams played exceptionally well, and there is still room for improvement. The players showed great determination and the spirit to keep on fighting till the end. Stanford can be proud of their performance and should keep their heads up for the next game. The badger spirit remains strong in the team, and they will continue to strive for excellence in their upcoming matches.

BEN VORSTER

Yesterday, the teams played against Ben Vorster in very challenging netball matches. Despite their best efforts, all of Stanford's teams were defeated. However, the players demonstrated unwavering determination throughout the day, and we are proud of them for their efforts.