

SNAPSHOT

Stanford Lake College
ISSUE 18 OF 2025



Matters of Principal

On Tuesday, I attended an insightful and deeply concerning online webinar focusing on the rise of vaping among adolescents. While much has been said in recent years about vaping as a "safer" alternative to smoking, the research and evidence presented during the session painted a very different picture – one that we as a school community cannot afford to ignore.

The key takeaway from the session was this: vaping is not harmless. It is increasingly recognised as a gateway into nicotine addiction, especially for teenagers. The devices are marketed and packaged in ways that appeal to younger audiences – fruity flavours, sleek designs, and social media presence – all of which disguise the very real health risks they carry. Pupils turn to vaping for several reasons, they feel stressed, peer pressure as their friends are doing it or simply because it looks cool.

Many young people are drawn to vaping under the impression that it's "cleaner" or "less harmful" than cigarettes.

Unfortunately, this is far from the truth.

Most vaping products contain highly addictive nicotine, and some also include harmful chemicals that can affect brain development, respiratory health, and long-term well-being.

"An ounce of prevention is worth a pound of cure."
— Benjamin Franklin

We know that the most effective prevention comes when school and home work hand in hand. Conversations at home – even short, informal ones – can be powerful in shaping attitudes and decisions. We urge parents and carers to:

- Talk openly with your child about vaping – without judgment – and listen to what they are seeing and hearing.
- Be aware of the signs of vaping and where devices might be hidden.
- Reinforce the message that just because something is popular or widely available doesn't make it safe.

We want to equip our young people not just with information, but with the courage and confidence to make healthy, informed choices. Your partnership in this effort is vital.

God Bless

EXPEDITION GRADE 9 SETS OFF

Expedition 2025 Begins!

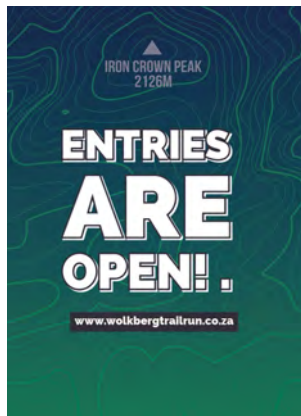
On Sunday afternoon, our Grade 9s set off on a journey they'll never forget – 7 days in the heart of the Wolkberg ranges.

They'll hike up to the iconic Iron Crown, camp under the stars, and then take to the water for 3 days of canoeing and kayaking. With food rations on their backs and no creature comforts, this is a true wilderness experience – one that builds character, connection, and resilience.

Here's to adventure, growth, and unforgettable memories.



UPCOMING EVENTS



SPORTS PROGRAMME

The teams that have qualified for the league playoffs taking place in Term 3 will continue practicing according to their normal schedule. For the remainder of the students, we have an exciting programme on offer—please join in!

MONDAY

14:15 - 15:50	JNR GIRLS SOCCER
14:15 - 15:50	SNR GIRLS SOCCER
14:15 - 15:50	SNR BOYS CRICKET
14:15 - 15:50	JNR BOYS CRICKET
14:15 - 15:50	SNR/JNR SQUASH
14:15 - 15:50	JNR/SNR TRAIL RUNNING
14:15 - 15:50	JNR/SNR MTB

TUESDAY

14:15 - 15:50	JNR BOYS SOCCER
14:15 - 15:50	SNR BOYS SOCCER
14:15 - 15:50	JNR/SNR GIRLS CRICKET
14:15 - 15:50	SNR/JNR TENNIS
14:15 - 15:50	MTB
14:15 - 15:50	JNR/SNR TRAIL RUNNING
14:15 - 15:50	SWIMMING

WEDNESDAY

14:15 - 15:50	JNR GIRLS SOCCER
14:15 - 15:50	SNR GIRLS SOCCER
14:15 - 15:50	SNR BOYS CRICKET
14:15 - 15:50	SNR/JNR SQUASH
14:15 - 15:50	JNR/SNR TRAIL RUNNING
14:15 - 15:50	MTB
14:15 - 15:50	SWIMMING

THURSDAY

14:15 - 15:50	JNR BOYS SOCCER
14:15 - 15:50	SNR BOYS SOCCER
14:15 - 15:50	SNR GIRLS CRICKET
14:15 - 15:50	SNR/JNR TENNIS
14:15 - 15:50	MTB
14:15 - 15:50	JNR/SNR TRAIL RUNNING
14:15 - 15:50	SWIMMING
14:15 - 15:50	JNR BOYS CRICKET



*Wishing all the Comrades Runners
Good Luck for Sunday 8th June*

STANFORD LAKE COLLEGE

SOCCER SEASON KICKS OFF IN STYLE

A New Season Begins!

As we hang up our rugby togs and pack away the hockey and netball kits, a new season of sport kicks off at Stanford. The soccer fields came alive today with energy and enthusiasm as preparations for the 2025 season got underway.

An eager group of students jumped straight into action—working on ball control, sharp footwork, and friendly match play. Our dedicated coaches also took time to welcome the new Grade 8s, sharing team values and goals for the term.

Let's bring the same Badger spirit to the pitch—Soccer 2025, let's make it unforgettable!



HOCKEY!

Pioneering Performance: Stanford Leads the Way in Hockey Development.

The tower behind the Astro isn't just a structure—it's a symbol of our commitment to excellence in sport. Purpose-built by BEC, this tower is designed to support video analysis as a key component of our hockey programme.

Stanford Lake College is proud to be the first school in Limpopo to build a dedicated facility for this purpose, setting a new standard for school-based sports analysis in the region.

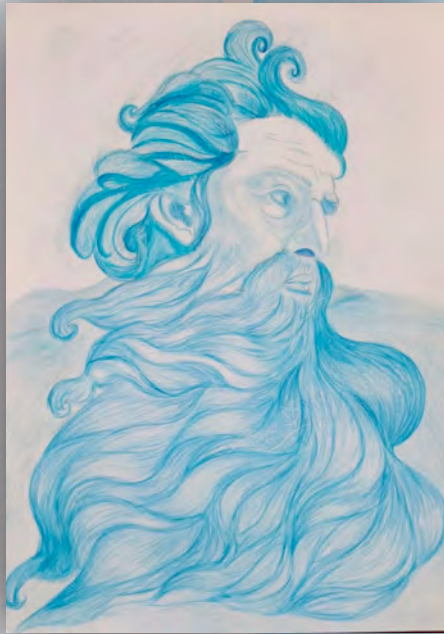
To complement the facility, the school has also invested in the Nacsport video analysis system—a powerful tool that allows coaches to code matches, review gameplay, and provide data-driven feedback. This system will play a vital role in enhancing the tactical development of all our hockey teams.

Innovation. Investment. Impact.

Stanford continues to lead from the front—on and off the field.



Renaissance Re-imagined: Grade 10 Interpretations



Charlie Peniston



Mckayla Munetsi



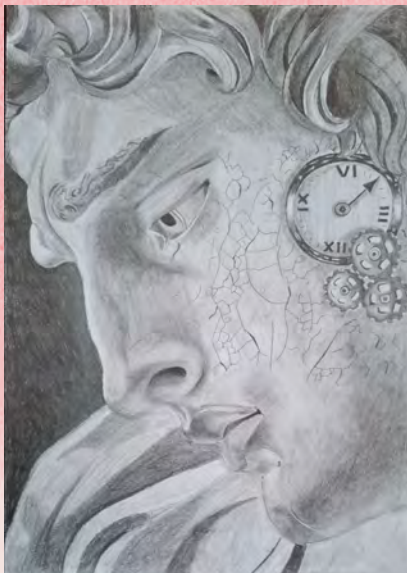
Ruby Fair



Somila Papu



Sasha Boyum



Tatiana Esteves

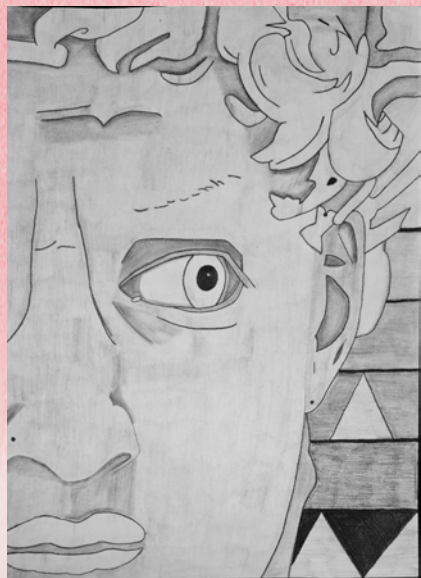


Britta Göbel



Jessica Parker

Renaissance Re-imagined:



Orinea Mulaudzi



Carmen Van Der Merwe



Lorelei Scott

TENNIS PHOTOS



BADGER OF THE WEEK

This week's Badger of the Week goes to Mohlatlego Montsha for his outstanding Man of the Match performance against Warmbad.

Mohlatlego has shown that rugby isn't just a sport — it's a passion. His commitment, physicality, and determination on the field inspired his teammates and made a lasting impression on the crowd.

Keep leading from the front, Mohlatlego — we're proud of you!

