



Matters of Principal

On Tuesday 27 April we celebrate Freedom Day in South Africa. Freedom Day commemorates our country's liberation from a long period of minority rule and domination. It is a celebration of our peaceful transition to a full and progressive democracy. Yet twenty-eight years later, much of the population lacks access to proper medical care and education. Despite improved availability of clean water, housing, better roads, and sporadic supply of electricity, we still live in a very unequal society. As a Stanfordian community we have

to be continually mindful of how lucky we are to have access to all of the above. We cannot allow ourselves to become negative about our challenges, always remembering our privilege. We need to celebrate our democracy and our freedom and continue to appreciate the beauty that exists in our country. Every now and again I visit South Africa The Good News website (<https://www.sagoodnews.co.za>). I am amazed by the generosity and goodwill displayed by so many ordinary citizens. I invite you to follow the link above and I am sure you will come away feeling better about our Rainbow Nation.

Have a safe and Blessed weekend with your children.

SPORTS IN BRIEF

Last weekend was again another spectacular display of SA Cup Nationals MTB XCO racing. It was hosted in the Western Cape at Bloemendal Estate near Cape Town, being the 3rd round of this XCO series. Two Stanfordians, Gunther Katzke and Herman Fourie, sponsored by Insect Science, raced a tough field of competitors from all over SA, numbering nearly fifty riders at the start line.

The technical downhill sections, combined with long gruelling climbs and switchbacks, all in 30+ degrees heat, was not enough to deter our boys from distinguishing themselves as riders of note and competing for the top position in SA.

When all was said and done and the dust had settled, Gunther came out with a strong second place finish, and Herman with a well-deserved fifth place, having recovered from a fall in February.

With one event left in the SA Cup series, and the South African National Championship race later in the year, the boys are putting in long hours of training and preparation.



HOCKEY

After much anticipation, we were glad to have our first official hockey match on Wednesday the 21st of April vs Ben Viljoen. Our 1st Team Boys' took to the field with lots of excitement that had built up throughout the day. The honour of wearing the stripes and representing the College in their first official 1st team game was evident.

"Prrrrr" the long-awaited whistle started the game and there was a rusty first touch as the nerves kicked in. The Ben Viljoen forwards rushed towards the Stanford defense, putting them under pressure. Ben Viljoen made it clear from the get go that they were here to win. A good shot deflected off a penalty corner saw Ben Viljoen go 0-1 up. Moments later Stanford Lake College were back in the game when Devon Coad drag-flicked the ball into the right-hand corner of the goal from a penalty corner, bringing it all level 1-1. Shortly after that, Christian Krüger made a good run, receiving a pass from Warwick Melville in the circle, drawing a foul from the defender and being awarded a penalty stroke.

Devon Coad then stepped up again to put SLC ahead 2-1. Ben Viljoen were in search of the equalizer at the beginning of the third chukka and a scramble from the SLC defense lead to no avail and the score became 2-2. The score remained equal for a while until Christian Krüger finished a well-worked goal, making it 3-2.

The final chukka saw both teams fighting for every loose ball and there was no shortage of cards. Stanford Lake College, however, had the last say, as Stefan Otto put the ball past the goalkeeper in his second attempt, making the final score 4-2 to Stanford. The cobwebs are dusted off and the team looks forward to taking on Ben Vorster on the 7th of May.

GOLF

On Friday 16th and Wednesday 21st April the golf team (Ryan Nel, Luca Wasley, Lloyd Lombard, Owen de Witt and Relotilwe Sekhula) played their first two league fixtures for the year. The first one was in Polokwane and the second at Kameeldoring golf course. The schools competing in our league are Ben Vorster, Merensky High School, Curro Heuwelkruin and two teams from Hoërskool Pietersburg (PHS). The format is Stableford points – each golfer is not playing against one specific person but it is their points that they score for the round that counts. The best three scores from the top four players are taken for each round.

During the first round the golfers were still rusty and play was cut short due to lightning. The second round went better and Stanford managed to finish in second place on the day. There are two more rounds left where the top two teams in each division will go through to the league finals on 28th May.

SNAP SHOT

Stanford Lake College
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SPORTS IN BRIEF

X-COUNTRY

Jarryd Gosling ran in the first round of Limpopo Cross Country last Saturday at Merensky. He ran a very fast pace of 4:24/km for the full 6km course, and finished 12th overall. We look forward to seeing Jarryd compete at the next two LIMA events.

On 21st April, Stanford Lake College, Louis Trichardt, Ben Vorster and Merensky High School faced each other in a Tennis League. The Stanford students were so excited after not being able to play against other schools for more than a year. Even though the practice time was short, the players were brave and determined. Unfortunately, Stanford finished last among the boys and the girls, but valuable lessons were learnt about reading your opponent and thinking on your feet. Overall, it was an amazing opportunity and a wonderful day spent playing a beautiful sport. Well done to all the players; Ryno Schultz, Finn Straughan, Iggy Lindeque, JJ Vilakazi, Michaela Gosling, Naledi Lebati, Rachel Rix and Tanatswa Murasiranwa.



TENNIS

STAFF PROFILES



Mrs Khomotso Hlungwane

- 1 What subjects do you teach?
Life Sciences and Physical Sciences.
- 2 What year did you start working at the school?
2017.
- 3 What type of music are you in to? *Play me anything by Whitney Houston then I will be content.*
- 4 Tell us something we don't know about you...
I am afraid of heights, as little as a staircase. Escalators are my worst nightmare!
- 5 What's your favourite thing to do in downtime? *I like to read Scientific Articles (Particularly Molecular Genetics).*
- 6 Name one thing on your bucket list...
To publish a Scientific paper on Gene mutations.
- 7 Does pineapple belong on pizza?
Nope.
- 8 Tea  OR Coffee? 
- 9 iOS OR *Android?*
- 10 *Melktart* OR Malva Pudding?
- 11 Cups in the cupboard: *Right side up*  OR upside down? 
- 12 *Beach*  OR Mountains? 
- 13 Dogs  OR Cats?  *None.*

Please note that electronic "e-waste" will be collected from the school on Thursday, 29th April. Feel free to bring anything in from home of this nature. It can be left in the Print Room.



Stanford Lake College took part in a Virtual conference hosted by Thomas More College in Durban. The conference “Leading for our Time” included a keynote address by Lindiwe Rakharebe, CEO of the Durban International Conference Centre, who shared her insights on leadership and the type of leadership that is needed in our time. The conference theme was explored through interactive Baraza break-outs, and delegates shared and discussed manifestos and crests they had created in advance of the conference, detailing what they believe good leadership should look like.

Here is what some of the students had to say:



Elziné Kotzé

I’ve learned that anyone can be a leader...a leader must have an open mind, be trustworthy, loyal and set a good example. Everyone must be equal and be treated the same. A good leader isn’t someone who never makes mistakes, but someone who learns from their mistakes instead of giving up getting back up, and trying harder.



Lethabo Moshia

Being a leader is about having emotional intelligence and being open to new ideas. A good leader has a very strong commitment and stays true to others and themselves. The best leaders are the ones constantly learning and leading by example.



Nsovo Mabila

I learnt a lot such as the fact that everyone’s opinion is equal no matter what gender or age you are.

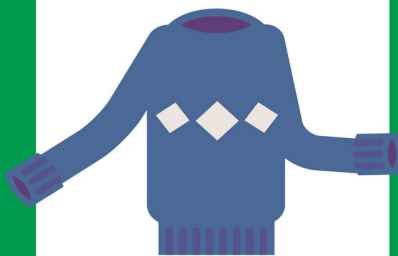


Krish Pandya

I really enjoyed the conference and what I learnt was that I overcame my fear of being shy.



WINTER JERSEY DRIVE



Please have a look through your wardrobes during the mid-term break for jerseys that you no longer wear. We would like to donate jerseys to those in need before the winter. Please ensure the condition is still good and hand in the donations to your tutor after the mid-term break.



The Grade 8 pupils have enjoyed some wonderful experiments in both their Physical Science and Life Sciences lessons recently. They made “golden rain” in Physical Sciences, learning about the formation of compounds. And in Life Sciences, they conducted the iodine test for starch in a leaf.

