

SNAP SHOT

Stanford Lake College
ISSUE 28 of 2022 - 2 September



Matters of Principal

At assembly on Monday, I shared some thoughts from a book I am currently reading – CHOICES by Robin Cox. Robin was a teacher, housemaster and sports coach when I was a schoolboy. Whilst I was never coached or taught by him, he was a man who touched the lives of all those who crossed his path in one form or another. Robin has an amazing story, he was diagnosed with bone cancer at the age of 9, had his lower jaw removed in an operation, and underwent extensive radiation treatment. The doctors used one of his ribs to reconstruct his jaw. He has been an educator all his life, dedicating his time to growing and mentoring young people across the world. In the introduction to the book, he speaks of the 10 key lessons he learned from his adolescent experience. I shared these with the school on Monday, some very sage advice:

1. Find people who believe in me and see the potential which I may not always see to be my cheerleaders.
2. Learn how to set and chase my personal goals; enjoy the triumph of hard work. I can achieve my dreams with self-discipline, perseverance and commitment.
3. If I want to fulfil my potential, I must continually improve myself, which includes taking responsibility for my actions and choices, not fearing failure, and learning from my mistakes; believing in myself, backing myself, and practicing humility.
4. Understand the importance of a strong work ethic – to appreciate how important it is to set my sights high and never to accept second-best, never to fear failure, or to be a stand-out in the crowd. These experiences are worth the pain and suffering I have to deal with at times to stay true to myself.

“The greater the obstacle the more the glory in overcoming it”
-Moliere

5. My attitude defines my progress; how I think affects how I feel, which in turn influences my choices and behaviour.
6. Asking for help and learning to be vulnerable is a strength and not a weakness; I am not helpless – there is always something I can choose to do.
7. Wake up each day and be thankful for the opportunities I have to spread a message of hope in a struggling world; support the underdog, the hurting and the broken because I have been there and can empathise.
8. Use my God-given gift of encouragement to make a small difference in the world, especially in my interactions with teenagers and fellow educators.
9. The importance and power of teamwork – when a group of people unite behind an agreed vision and work hard to attain it, I am at my happiest.
10. Retain a healthy sense of humour, which includes the importance of laughing at myself; how I think is more important than what I think.

APPLICATIONS OLYMPIAD

The Applications Olympiad is a challenge for those who take CAT or the ICDL or are otherwise computer literate. The participants have to solve a number of problems using a Microsoft Office package and the data provided. Four of our students made it to the top 14% country wide in the open division...

BRONZE



Munashe Machaka



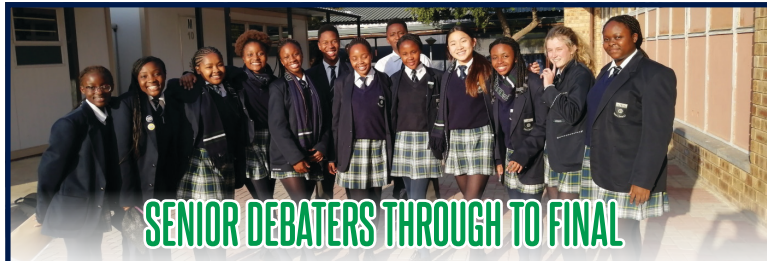
Asma Modan



Lungile Sithole-Wiltshire



Marc Day



SENIOR DEBATERS THROUGH TO FINAL

Stanford’s Senior Debating Team did a phenomenal task of proposing the motion, “South Africans should vote directly for the president and not vote through political parties” during their competition in Polokwane on Wednesday. They won the debate against Nare Secondary School, which qualified them for the finals of the Mayor’s Cup competition. The speakers and floor members were commended for their great level of engagement during the debate. Special mention of the speakers Jenny Zhang, Chelisy Mathebula and Nanaki Kgopong who held the team together throughout the debate. The team is looking forward to the final and most challenging round of the competition!

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NEWS IN BRIEF

IT OLYMPIAD

The Grade 10 - 12 IT pupils participated in the yearly Programming Olympiad on the 24th August. It was a tough challenge with the last question really pushing the pupils to think outside the box. The results have not yet been finalised but four of the 12 pupils that participated received 80% or more, which is a remarkable feat in itself. We are excited to find out the final scores and who went through to the second round.

FLY FISHING

The Top Ten Youth National Rankings for Fly Fishing were recently released. Luke Fairhead (Grade 11) sits in 8th position nationally. Jason Freestone (Class of 2021) is in 10th and Marthinus Maritz (Class of 2020 who now fishes for the Western Cape) is in 4th.

EQUESTRIAN

Ruben le Roux was recently selected to represent the Limpopo Province at the SANESA National Championships to be held on 30 September to 3 October 2022 at (KPC) Kyalami Park Club.



U/15 BOYS' SOCCER

The U/15A boys faced a strong Curro Heuvelkruin U/15A side on Monday. After playing a draw in the PEPPS Tournament, the boys were determined to win. They created many chances in the first half but were not very clinical. It was rather a frustrating half as they missed most of their chances. In the last final two minutes of the first half, they managed a goal through Pelo Molepo. In the second half, the boys became more confident and were making successful passes into the final third.

They unfortunately conceded a goal and matters were level again. After playing with great intensity, they managed to score two more goals; a beautiful goal from Oratile Jafta and a spectacular header from Rendani Murulani. The boys played well to defend the goal surplus but unfortunately conceded a late goal. The match ended 3 - 2 to SLC.

PMR AFRICA AWARDS

We at Stanford Lake College are incredibly proud to have received a Diamond Arrow PMR Africa Award at the recent awards ceremony held in Polokwane.



SWIMMING TROPHIES AWARDED

The following trophies were handed out at assembly on Monday following the Inter-house Swimming Gala that took place last week:

- De Vos Trophy for girls' individual medley: Jenny Zhang
- Willson Trophy for boys' individual medley: Wernich Schmidt
- Scott Trophy for the Stanford Lake Challenge (Girls): Jenny Zhang
- Van Nieuwenhuizen Trophy for the Stanford Lake Challenge (Boys): Devon Coad
- Barangwanath Relay Trophy for the house that wins the most relays: Fenwick
- Reed Trophy for Junior Victrix (Girls U/14): Carmen Veldsman
- Zamparini Trophy for the Junior Victor (U/14): Henry Humphrys
- Estie Fenske Trophy for U/16 Girls Age Group Winner: Jenny Zhang
- Le Roux Trophy for the U/16 Boys Age Group Winner: Tristan Brett
- Burelli Trophy for the Senior Victrix Ludorum: Olivia Drewett
- Schofield Trophy for the Senior Victor Ludorum: Devon Coad
- Patrick Wilken Trophy for the winning House: Orvis

EISTEDDFOD NEWS

On Friday, three girls competed in the Dance Category at the MDDK Eisteddfod. Sophia Leher did very well to attain an A while Langa Sithole and Thapelo Nare did exceptionally well to receive 90% for their Zulu dance. Sophia also entered a piece of digital art, for which she also received high praise. This brought our week of Eisteddfod entries to a close and we could not be more delighted by the results and by the manner in which the pupils acquitted themselves. Other results posted:

DRAMA 90% to Layla de Bruyn and Elektra Gelletich
90% to Langa Sithole and Thapelo Nare
84% to Christoff van der Westhuizen and Sophia

INSTRUMENTAL 90% to the Djembe Group
85% to the Marimba Group

SINGING 88% to Zoë Koster, Tukisho Ramohlale, Isabella Dando and Seni Myeni for their group song
89% to Zoë Koster for her solo
89% and 90% to Tukisho Ramohlale for her two solos
90% to Isabella Dando for her solo

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TOUR DE LAKE NEWS

On Saturday, the third race of the Limpopo Schools XCO MTB Series took place at Stanford Lake College. It was lovely to see so many schools out in full force, battling it out on the bike tracks for the podium spots. Eight riders from Stanford Lake College took part and landed up with three podium positions. Ilne Kotzé obtained a third position in the Sub-Junior Girls Category. Rachel Göbel and Isabella Dando raced in the Youth Girls category and both did very well with Rachel getting fifth position and Isabella taking a spot on the podium in third. Three Stanfordinians took part in the Youth Boys Category and it was great to see some new faces on the MTB scene. For Pelo Molepo, this was his first race ever and Steven Thompson hasn't ridden competitively for over a year. Both boys went hard on their first couple of laps and unfortunately, ran out of steam to be able to complete the race. Well done to them for giving it a go! Gordon Noel raced his heart out and ended up taking the top spot on the podium for the Youth Boys, finishing a good few minutes ahead of his competitors. Kian Noné and Lungile Sithole-Wiltshire raced among the Junior Boys and both did very well. Kian ran into difficulties just after the chute as his chain broke which put him at the back of the pack. The pressure was on but he managed to come back from 29th position to 9th overall. Lungile also had a good race and finished in 18th place. Well done to all the Stanfordinians who took part.



THIRD FOR RUBEN & TRISTAN

Congratulations to Ruben Venter and Tristan Brett who competed in a 120km Adventure Race in the Western Cape close to Buffels Bay over the weekend. This challenging event consisted of about 75km of mountain biking, 25km of trekking, and 9km of paddling! These two young Stanfordinians handled all the challenges thrown their way with courage and tenacity. Overall, they managed to cross the finish line as the third male pair! A shout out to parents, Walt and Zelda Katzke, who also competed in this event!



TENNIS REPORT

On Wednesday 31st August, Stanford Lake College played their last league tennis game for 2022, facing Mitchell House on home ground. It was a relaxing afternoon of tennis and both schools enjoyed the time on the courts. Stanford's students dominated the afternoon and played with style and grace. They are to be congratulated on a wonderful tennis season with scores that reflect their commitment and passion to the game. Scores were as follows:

Boys Singles:

Luke Schoeman won 7 - 0
Lefa Mamabolo won 4 - 3
Quintin Swanepoel won 6 - 1
Aryan Ghelani won 7 - 0
Michael Kiggundu won 7 - 0

Boys Doubles:

Luke and Lefa won 7 - 0
Quintin and Aryan won 6 - 1

Girls Singles:

Tanatswa Muransiranwa won 5 - 2
Rachel Rix won 6 - 1
Serena Rix won 4 - 3
Rachel Göbel won 7 - 0
Ellain Chidavaenzi won 4 - 2

Girls Doubles:

Tanatswa and Rachel Göbel won 5 - 2
Rachel and Serena Rix won 7 - 0

CRICKET NEWS

U/15 BOYS vs BOCHUM

The U/15 Boys' Cricket team played two matches this past weekend. In the first game, they played against Bochum and scored 97 all out. The opening bowlers bowled well and Stanford managed to take four wickets with their score only on 26 runs, however, a fifth-wicket partnership of 52 runs saw Bochum fight back to a winning position. The SLC bowlers then took another five wickets for only 14 runs. Thus with their score of 90 / 9, Bochum needed eight runs and the Stanford boys only needed to take one more wicket. Unfortunately, they were unable to do so and lost by the narrowest of margins. A special mention must go to Llewellyn Wight who took four wickets.

U/15 BOYS vs PHALABORWA

In their second game of the weekend, the U/15 boys played against Phalaborwa Hub. Again, the boys struggled with the bat, but an unbeaten 44 runs scored by Henry Humphrys helped the team reach their highest score of the season thus far of 140 runs. The bowlers showed much improvement from the previous game, bowling a much better line and length, but unfortunately, couldn't restrict the opponents' batters and Phalaborwa managed to overtake on the scoreboard with only two wickets down. The young Stanfordsians lost the game by eight wickets.

1ST XI vs BOCHUM

On Saturday, the 1st XI Boys Cricket travelled to Polokwane to play against Bochum Hub at Polokwane Cricket Club. Stanford lost the toss and were asked to bowl first. The opening bowlers kept it tight and had wickets falling on a regular basis. Iggy Lindeque bowled 10 overs on the trot and took three wickets for 52 runs. Matthew Allison then took over the spinning duties and took four wickets for 52 runs in his 10 overs. The opposition team struggled to 132 / 7 before the tail enders showed stubbornness and let the Stanford team field for another 18 overs. The last three wickets were taken by Dylan Turner (2) and Connor Veldsman (1). Bochum ended on 273 all out. Stanford started the chase well with a 45-run partnership between Dylan Turner and Ryno Schultz for the first wicket. After that, another two quick wickets fell which brought Connor Veldsman and Zayd Moosa to the crease. These two put on a 50-run partnership before Connor (40 runs off 15 balls including 3 sixes and 4 fours) lost his wicket. This led to a collapse of the Stanford innings and they were bowled out for 157 runs. Zayd Moosa scored 38 runs off 22 balls. The boys showed fighting spirit and had fun on the field. Well done, lads.



GIRLS vs MERENSKY

On Monday, the Girls' Cricket Team played against Merensky. The girls batted first and put up a score of 107, with Zoë Koster making 38. The girls unfortunately lost by 6 wickets with Merensky chasing down the score in the 19th over. The girls had a good day out on the field.